

# The Arc of Monmouth 2005 Annual Report

## LOOKING FORWARD



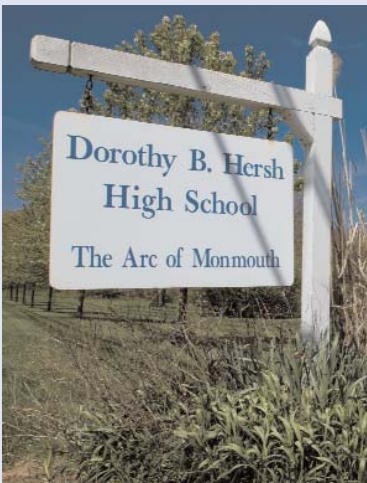
For The Arc of Monmouth, 2005 was a year of looking forward. The board of directors and management of Arc developed a new Strategic Plan to cover the period of July 2005 through June 2010. In the planning process, Arc sought input from served individuals, family members, Arc employees, and community members. A new mission statement that emphasizes the basis of all of the work of The Arc of Monmouth was composed. It reads:

*The mission of The Arc of Monmouth is to improve the lives of persons with mental retardation and their families. This is accomplished through advocacy, services and supports, cooperation with community partners and community education. The Arc also works to prevent the causes and effects of mental retardation.*

The long-range plan commits The Arc of Monmouth to keep advocacy in the forefront. Along with The Arc of the United States and The Arc of New Jersey, we will continue to fight to preserve and expand funding for persons with developmental disabilities. In FY 2005, advocacy was done by inviting legislators to visit Arc programs, visiting them in their offices, telephoning, and writing to officials and legislators via letters and e-mail.

We also had a strong presence at the 2005 "Cost of Providing Care" rally in Trenton. More than 40 such "advocacy actions" took place in FY 2005. The new Strategic Plan also calls for continued expansion of services and supports, maintaining the organization's fiscal stability, and achieving stability of staffing.

The various departments of The Arc of Monmouth were also looking forward during 2005. While continuing the efforts of today, some of which are mentioned in this report, Arc's departments were involved in planning to be a part of the evolving service system. We have been preparing to provide self-directed services and to work with community partners to reach more persons with disabilities, and to reach them in new places.



## ADULT SERVICES

The Adult Services department is comprised of five Adult Training Centers (ATCs) and several cleaning crews. The department as a whole held five fundraisers, making more outings and trips possible. One major fundraiser held jointly by all of the centers was a Chance Auction. This was extremely successful with served individuals, members, staff and families joining in the festivities. Other fundraisers were held by different centers such as offering cooked lunches to employees within Arc.

New activities added during the year in Adult Services included cooking groups, a women's group and a men's group, and a pen pal program. Individuals enjoyed trips to the Algonquin Theater, Blue Claws Stadium, libraries, fire and police stations and nursing homes.

## EMPLOYMENT SERVICES

Employment Services is comprised of four programs: Arc Employment, Arc Resources Unlimited, an afternoon respite program and the Employment Resource Center Welfare to Work program. As a whole, during FY 2005 the department placed 29 new persons with disabilities in community employment, replaced 25 and served 85 persons moving from welfare to work. Of the new placements, 92% of them were made with 20 hours or less of direct support.

The afternoon respite program has gained new attendees. The program, now enhanced, encourages the participants to be the driving force behind the planned activities - expressing their interests and making the choices of what they would like to do, helping them work toward more social interaction.

The Green Grove and Shore programs moved to a new joint location allowing each program to better design their space to meet the needs of the individuals in each program. Green Grove is now able to offer individualized work rooms which have already proved beneficial.

## EDUCATION

The Dorothy B. Hersh High School had a stellar year. Enrollment increased by 100% through enhanced recruitment efforts. With this higher enrollment, new teacher assistants were hired in addition to bringing back programs that had been put on hold. Also exciting is a half-day program as an option for students.

Students were offered and participated in many community activities and as a whole improved their reading, math and computer skills, imperative in such a technologically advanced society. Classroom A continued with their "Class A Catering" program, providing a mobile breakfast cart to employees at The Arc Center each Friday. The students prepare, clean up and sell the items on the cart, in addition to providing a hot lunch on certain Wednesdays.

In June, three students graduated from Hersh High; two went to the Work Opportunity Center (WOC) upon graduation and one entered an Easter Seals program.

## HEALTH SERVICES

Approximately 800 persons with disabilities received medical and mental health services in FY 2005. Psychiatric services were the most requested. The mobile dental clinic reached 500 in the county with Arc assistance. The Integrated Therapeutic Network (ITN) continued to offer mental health programs at home sites, but these ITN direct services throughout the state were eliminated at the end of calendar year 2005.

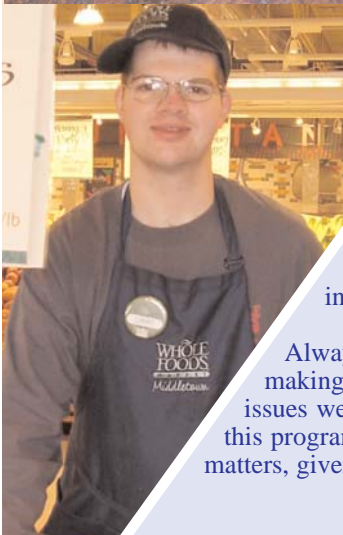
A Health Fair was held at The Arc Center and attended by more than 100 individuals. Amerigroup provided snacks and gifts. Individuals learned about fun ways to exercise, healthy diets, and sun safety in addition to getting their blood pressure and weight checked.

Fourteen trainings on mental health issues were offered to employees. Families made requests for Arc to start a support group. This was scheduled to begin in FY 2006.

## INDEPENDENT LIVING

The Independent Living program serves individuals who live in the community somewhat independently, but may need additional supports. At the end of FY 2005, the Independent Living program was serving 20 individuals. Most of these rated their satisfaction with the services they receive as very good or excellent.

Always a very "one on one" department, many individuals were assisted this year with personal issues such as making burial plans, sale of a trailer and in turn finding a new apartment, and obtaining counseling. Many health issues were dealt with, including surgeries, medical procedures, diabetes and cardiac complications. Individuals in this program were also guided through financial predicaments, researching and coordinating housing issues and legal matters, given moral support every step of the way.



## RESIDENTIAL

The Residential Department served 86 individuals with developmental disabilities in FY 2005, helping them become integrated, involved members of their communities. Residential services are provided by highly qualified, dedicated staff who take many trainings throughout the year on various topics.

Each group home has been outfitted with a home computer tailored to the needs of the individuals in the home. These computers were funded with grants from various banks and the Gannett Foundation and include a computer desk and both educational and entertainment software. The residents enjoy using them and showing them to guests.

The department continues to provide quality housing and programming for the individuals it serves as evidenced by survey results and outside ratings. The annual survey of family members of served individuals in the residential program shows a high level of satisfaction.



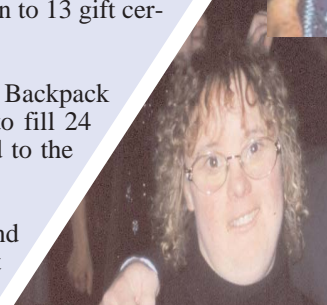
## SOCIAL SERVICES

The Social Services Department serves as a resource for families, Arc staff and professionals from other organizations. The department handled 347 inquiries for service in FY 2005. Follow up calls indicated that 98% of these individuals were satisfied with Arc's response.

The annual food drive, coordinated through this department, was able to distribute boxes to 60 needy Arc individuals and families during the holiday season in addition to 13 gift certificates through an "Adopt a Family" program.

The department also worked in conjunction with Prudential's Trenton Backpack Challenge for foster children. They collected enough school materials to fill 24 backpacks. Self Advocacy Groups as well as Arc employees contributed to the collection.

Transition Night for families of students going from high school to work and adult life was held, in addition to other trainings and presentations that were coordinated by the department. Many presentations were made to schools and three issues of *Working Papers*, a newsletter targeted to transitioning high school students, were published.



## VOCATIONAL TRAINING

The Arc of Monmouth's Work Opportunity Center (WOC) helped to secure employment positions for 12 served individuals in the community. Twenty-five individuals attended Job Clubs to help them with job and interviewing skills, while 19 community job samplings were conducted.

Ten computers, achieved with a grant from the Sunfield Foundation, were installed for use by the served individuals. This allows them to learn new skills, explore the Internet and send emails. During the annual survey, it was found that 96% of WOC's served individuals rated the services they received as excellent to good in helping them reach their personal goals.

WOC's annual picnic and holiday parties were a huge success. A grant from JP Morgan & Chase helped to finance the food for the holiday party in addition to all of the volunteers and staff who were on hand to help make both events as festive as possible.

## RECREATION

Thirty-one new persons attended a recreation program in FY 2005. The department held a Variety Show, at which 25 persons with disabilities showed off their amazing talents. The USGA again provided funds for the golf program and more teen programs were incorporated involving both those with and without a disability.

The Circle of Friends Club, a social club for individuals with disabilities, traveled to Belize where they are now sponsoring an orphaned child with Down Syndrome. This visit gained articles in numerous newspapers about both the Circle of Friends club and The Arc of Monmouth.



## 2005 Annual Report

published by



1158 Wayside Road  
Tinton Falls, NJ 07712  
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www.arcofmonmouth.org

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## ASSOCIATION FOR RETARDED CITIZENS, MONMOUTH UNIT, INC. CONSOLIDATED STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEAR ENDED JUNE 30, 2005

	<b>Unrestricted</b>	<b>Temporarily Restricted</b>
Support, revenues and reclassifications:		
Federal and state financial assistance	\$ 10,606,656	\$ -
Local municipal government school board fees	710,694	-
County grants	339,606	-
Endowment contributions	-	-
United Way of Monmouth County	39,985	-
Donated facilities and services	159,447	-
Contributions - general public	77,166	15,602
Contributions and grants - other organizations	13,831	-
Other governmental fees	95,630	-
Program revenue	1,551,768	-
Proceeds from sale of merchandise donated		
to thrift shops	263,841	-
Special events revenue	488,957	-
Rental revenue - HUD group homes	539,165	-
Investment Income	216,262	-
Membership dues	13,581	-
Other revenue	10,511	-
Net assets released from restrictions	53,329	(53,329)
Total - support, revenues and reclassifications	15,180,429	(37,724)
Less: Adjustment for revenues generated		
by interdepartmental billings	(147,642)	-
<b>TOTAL ADJUSTED SUPPORT, REVENUES</b>		
<b>AND RECLASSIFICATIONS</b>	<b>15,032,787</b>	<b>(37,724)</b>
Expenses:		
Program services	12,554,732	-
Support services	1,934,866	-
Total - expenses	14,489,598	-
Less: Adjustment for expenses incurred		
for interdepartmental services	(147,642)	-

The financial statement presented above has been extracted from the consolidated financial statements audited by WithumSmith+Brown, PC (Certified Public Accountants and Consultants) for the fiscal year ended June 30, 2005 on which an unqualified opinion was expressed dated September 8, 2005. This financial statement should be read together with the complete consolidated financial statements in order to have a full understanding of the organization's financial position, the results of its activities and related restrictions.

## FUNDRAISING AND PUBLIC INFORMATION

The Development Department is primarily responsible for fund raising and public information.

This year, among other endeavors, the department held annual fund raising events consisting of the Winter Glow Ball, Arc Golf Classic and Step Up For The Arc Walk. Proceeds from the Walk increased by more than 40%, and one of the most financially successful Golf Classics to date was held, with a high volume of sponsorships and advertising. Six participants from the recreation department's golf program joined the golfers for the day.

The Fashion Show was not held in FY 2005, allowing the department to focus more on Mental Retardation Awareness Month and promoting both it and The Arc of Monmouth throughout the county. For the first time, displays were erected in six local libraries including the main branch. The displays identified The Arc of Monmouth, Mental Retardation Awareness Month and provided literature in addition to books and videos pertaining to the subject. In addition, a PSA was recorded for Cablevision that ran approximately 700 times throughout the month of March. As a result of other marketing strategies, a feature article was published in the *Courier Post* about The Arc of Monmouth.

Thrift Shops continue to be of great importance in securing much needed funds. In the fall of 2004, the Red Bank Thrift Shop was completely renovated in hopes of drawing in more customers and making the shop itself more customer-friendly. The Matawan Thrift Shop sales continued to increase. Many new volunteers were recruited for thrift shop assistance and event assistance.

### New Members Welcome - Join Today!

*There are several memberships from which you may choose.  
Please be as generous as your means will permit.*

Regular Members - \$25.00      Supporting Member - \$35.00  
Patron - \$50.00                  Benefactor - \$100.00  
President's Council - \$200.00 and above

Ms./Miss/Mr./Mrs. \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

New Member: \_\_\_\_\_ Renewal: \_\_\_\_\_  
Parent of person with developmental disabilities? \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

Please charge my MasterCard/Visa/American Express:

Card #: \_\_\_\_\_ Exp. date: \_\_\_\_\_

Signature: \_\_\_\_\_

Mail to: The Arc of Monmouth, 1158 Wayside Road, Tinton Falls, NJ 07712