



The  
**Arc**  
of Monmouth

*Annual Report*  
**2007**

*"Successful Steps"*

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The Arc of Monmouth is a non-profit, tax-exempt organization under section 501(c)3 of the Internal Revenue Code. Contributions to The Arc of Monmouth are tax deductible as allowed by law.

Information filed with the Attorney General concerning this charity may be obtained from the Attorney General of the State of New Jersey by calling 973-504-6215. Registration with the Attorney General does not imply endorsement.

Dear Friends:

The American Heritage Dictionary offers this definition of "success": "The achievement of something desired, planned, or attempted." In 2007, there was much success demonstrated throughout The Arc of Monmouth. You will read about some of the successful steps in people's lives in this 2007 Annual Report.

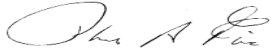
Persons provided with supports and services by The Arc of Monmouth continue to demonstrate strides in achieving their personal goals. In 2007, individuals found success in new jobs in their local community, learned to use public transportation, and had a chance to show off performing or artistic talents. They successfully improved skills in math and reading, and graduated from high school. Served persons did volunteer work, attended college classes, went on vacations, learned computer skills, and attended job clubs. They joined in advocacy efforts, contacting legislators with their opinions and rallying in Trenton.

As always, family members were there, supporting and encouraging each successful effort. Parents and siblings cheered at talent shows, applauded at graduations, drove people to work, taught new skills, and offered motivation. They continued to make their voices heard, advocating for their family member individually, and for people with developmental disabilities in general.

Arc staff and volunteers were there, too, giving instruction, praise, and pats on the back as served persons moved ahead, taking successful steps. Volunteers and staff supported the agency, providing leadership, successfully raising funds for Arc's work, and handling the daily responsibilities required in running this organization.

We offer congratulations to everyone for their successes of last year. We thank you for your efforts on behalf of the persons with intellectual and developmental disabilities served by The Arc of Monmouth. We look forward to your valued assistance as Arc seeks new successful steps in the future.

Sincerely,



Philip A. Fina  
President



Mary E. Scott  
Executive Director

The Adult Services department operates five adult training centers (ATCs) funded by the New Jersey Division of Developmental Disabilities (DDD), and four cleaning crews. The centers and crews provide work and volunteer opportunities for served persons, as well as skill-building social and recreational activities. This department also oversees the transportation system that brings about 350 persons to the centers and to the Work Opportunity Center each day, through contracts with Monmouth County and with a private transportation company.

Community experience is a vital part of the program at all ATCs. Many successes were achieved through activities that took place throughout the community such as clutter clean up at local parks, delivering Meals on Wheels, and winning ribbons for artwork displayed at the Monmouth County Fair. In addition, many individuals completed paid work including jobs subcontracted from local businesses.

A musical production of Annie complete with Daddy Warbucks and Miss Hanigan and Christmas caroling at nursing homes are just two among many enriching activities conducted at our Adult Training Centers. A total of 10 new activities were created to provide more options for the individuals served at our five centers. Twenty individuals received computer skills training.



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Adult Services was part of the successful CARF accreditation survey in the fall of 2006, which resulted in a three-year accreditation for surveyed programs, with no recommendations.



Gaining employment makes anyone feel empowered. Arc's Employment Services department operates employment programs for people with disabilities from offices in Red Bank and Freehold and runs an afternoon respite "drop off" program in Freehold. Twenty-three new individuals were placed into community employment, and 16 replacements were made. The department was actively working with 183 individuals at the end of the fiscal year. The WorkFirst New Jersey (welfare to work program) placed 69 persons moving from welfare to work before its closing in early FY 2008 due to changes in the program's operations which made keeping it open impractical. Staff completed 71 New Jersey Transit Access Link assessments with a 100% compliance rate. The enrollment at the Afternoon Drop Off Center increased to 16, operating at its highest level to date.

When one feels empowered, their self-respect soars, their self-image is heightened and their self-worth overflows. Through the employment services department eight served individuals completed travel training taught by Arc staff and are now able to travel independently to and from the Drop Off Center.

In April of 2007, a new art gallery was opened at Arc Resources Unlimited in the Freehold Raceway Mall showcasing artwork by individuals with disabilities, in collaboration with VSA arts of New Jersey. Employment Services was also part of the successful CARF accreditation.



*Employment Services:  
Success through empowerment*



The Ambulatory Care Center grew out of the goals of good health and access to health care for people with developmental disabilities. The number of individuals who utilize the Ambulatory Care Center for medical, psychiatric and counseling services continues to grow. With the addition of an Assistant Director/Physicians Assistant, the Center has added more clinic hours, which in turn dramatically increased the number of scheduled appointments and patients seen. In the last fiscal year there was a 27% increase in the number of individuals seen for medical care, a 17 % increase in the number of individuals seen for psychiatric care, and a 20% increase in the number of individuals seen for psychotherapy (group, individual, couples and family).

The department has added another therapy group bringing the weekly total of groups up to ten. Approximately 35-40 individuals were seen for one to one therapy, five couples are receiving couples therapy and a number of families receive intermittent family therapy and support. They remain fortunate in acquiring graduate students who are working towards their master's and doctoral degrees in counseling and clinical psychology to provide clinical treatment for our served individuals. They continue to have the good fortune of having a clinical supervisor. She works as a part-time consultant and provides the students with an invaluable experience of solid supervision and clinical work that they can utilize in their work with individuals from all types of backgrounds. In addition, they also have a consulting psychiatrist who provides psychotherapy in the form of individual and group therapy in the western part of Monmouth County. Individuals receiving counseling in all of the above-mentioned forms have done extremely well in treatment and continue to experience sound mental health.

The Health Services department worked very closely with the Trinitas Hospital Statewide Clinical Consultation and Training (SCCAT) team and Integrated Service Delivery Team (ISDT) as well as with Centre State Hospital to divert psychiatric hospitalization or to help make the transition from psychiatric hospitalization back to community living a safe and healthy experience.

Knowledge is power.

Hersh High continues to focus on the success of each and every student through their commitment to preparing them for the world of work after graduation. Six students graduated from Hersh High, last June, moving to their adult lives.

Eighteen students attended the summer session. During the summer session, family, friends and Arc staff were treated to an unbelievable talent show showcasing many different and unique talents of the students.



A unified academic program is now used throughout Hersh High school including new academic materials for mathematics and reading-language arts. As a result, skills in both of these areas increased. Successful fundraisers were held for St. Luke's Church food bank in Long Branch through an Empty Bowls event and the annual Valentine's Day fundraiser for Deborah Heart and Lung Hospital. In addition, students held various fundraisers to help defer the costs of school functions. Students took part in many paid and volunteer work settings.



*Dorothy B. Hersh High School:  
Success through education*

*Social Services & Independent Living:  
Success through support*

Support from a caring and nurturing individual is what The Arc of Monmouth's Social Services Department and Independent Living Program provide. The Social Services department serves as a resource for families and others seeking information about the service system for persons with developmental disabilities. As the entry point for the agency, the department fielded 282 inquiries for services in FY 2007. Ten families inquired about Real Life Choices. Fifty families were assisted with education advocacy.

Arc's social worker provided supports to over 100 individuals living in the community, with 922 contacts to these individuals during the year. The social worker assisted many individuals with registering to vote, successfully supporting community involvement, in addition to providing many other types of support.

The department continues to support other departments regarding the still-evolving Real Life Choices/Self Directed Services funding option. The department also provides information to families on transition to adulthood and the Individual Educational Planning process. Five trainings to parents and informational sessions were presented at 11 schools over the past fiscal year.



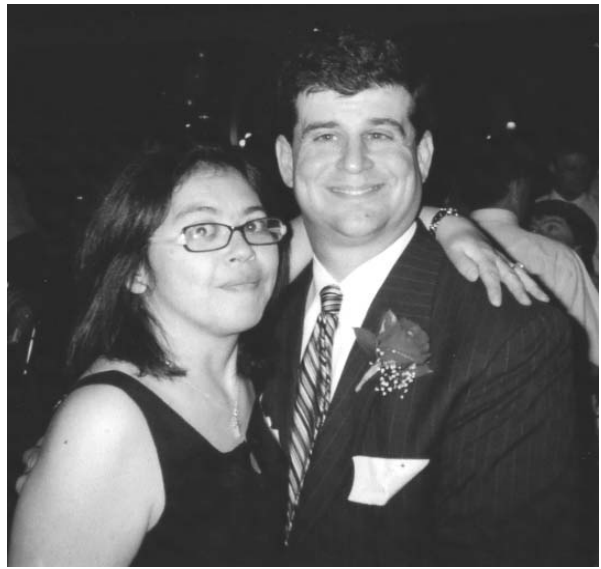
Many successes were achieved in the Independent Living Program, where support is provided to persons with intellectual and developmental disabilities living in the community who need additional assistance to maintain their independent lifestyle. They receive support with money management, meal planning and cooking, securing benefits, getting quality health care, using transportation systems and more.

One individual in this program became an author. With the help of his literacy teacher he wrote a book about his cats. Another individual was running the risk of losing his job and being denied the ability to work a few more months to gain eligibility for his pension. The Community Support Worker spoke with the union shop steward and successfully helped him save his job. He now lives in peace, not worrying about losing his job as he continues to thrive with full support of both his union and Community Support Worker.

Everyone needs leisure activities and everyone needs friends. Through The Arc of Monmouth's recreation department, individuals with intellectual and developmental disabilities get both.

The recreation department celebrated their 30th anniversary this year with a jubilant carnival. Annually, the department offers many activities, day trips, vacations, and other leisure opportunities for persons with disabilities. The continued support of people in the community, by the way of volunteers and supports, made it possible to offer a high level of integration in all programs and events. FY 2007 was a very busy and productive year for the department and its participants. There were several notable events in addition to the usual complement of programs. A bus trip to Atlantic City in June was held for participants and was also open to family members. There were two major Recreation overnight vacations during the year: a three-day holiday excursion to Hershey, Pennsylvania, and a five-day trip to Disney World in Orlando, Florida.

The Teen and Young Adult groups were offered two to three programs per quarter, which included dinner and movie nights, trips to the boardwalk, and get-togethers at the Arc Center. The Circle of Friends Club, which is coordinated by the department, celebrated its Fifteenth Anniversary in FY 2007 as well. Members of the club successfully fundraise each year for the annual Step Up For The Arc walk, in addition to other community-related projects, and also bring the largest team to the event each year. The club has been the catalyst for many friendships and relationships among its members over the years. This popular club continues to have a waiting list.



*Recreation:  
Success through fun & friendships*

*Residential:  
Success through comfort & stability*

Eighty-six individuals were served in the comfortable atmosphere of group homes, supervised apartments or supportive living in FY 2007. As the individuals continue to age (87% are age 41 or over), medical conditions and concerns become more prevalent such as diabetes, Alzheimer's disease and impaired mobility. Dietary changes and modifications to food texture have been needed, there is an increased need for wheelchairs and walkers and more intense medical care is required. Residential staff kept up their high standard of care and compassion for the individuals in their care.

Despite the challenges that an aging population can propose, fun times were not lost. One individual was able to go on a vacation for the very first time with the support of her staff and some counseling. One individual



moved into Supervised

Apartments, is able to drive and is enjoying his new found freedom, taking advantage of many recreational activities. Bergerville and Church Lane group homes celebrated their twenty-year anniversary together with celebrations throughout the year. Without the comfort, stability and care that the residential staff provide, many of these good times would not be possible.





The bustling Work Opportunity Center (WOC) continues to provide sub-contracted work to over 150 individuals with intellectual and developmental disabilities, all the while instructing them in new skills and adaptations. This gives individuals the opportunity to successfully learn to perform a task, specifically adapted to their abilities, and earn a paycheck. WOC staff continually adjust services to meet the needs of the served individuals there.

In FY 2007 WOC placed seven individuals in community employment while 16 individuals participated in community job sampling. Nineteen attended job clubs where they learn the skills necessary to obtain and then participate in a job interview among other workplace related issues. Twenty-two individuals have the long-term goal

of community employment, and they continue to work on vocational skills to lead to a successful community job placement.

All persons given vocational evaluations expressed that they were satisfied with the service they receive at WOC. Persons surveyed regarding their Work Adjustment Training reflected the same.

WOC continues to hold annual spring picnics and holiday parties for served individuals at their location with the help of many generous donors.



*Work Opportunity Center (WOC):  
Success through skills & opportunity*



Accounting continues to provide high quality financial data to Arc's board of directors, management, and funding sources.

Administrative Support employees throughout the agency maintained databases and files confidentially. They performed the myriad of tasks necessary to keep an agency such as The Arc of Monmouth running smoothly on a daily basis.

Development raised funds for Arc programs with the assistance of many dedicated volunteers, who planned and attended the Winter Glow Ball and Step Up For

The Arc Walk, and donated time at our two thrift shops. A Golf Classic was not held this year. Development staff executed the annual Covered Dish Supper and Volunteer Reception. This department also prepared agency newsletters and brochures, kept the website current, sent out press releases and handled many other public information duties.

Human Resources continued their extensive efforts to recruit quality employees for Arc positions, recognize achievements of current employees, and offer a wide variety of training to staff members. The Lead Agency Training staff conducted 270 pre-service training sessions and 48 other trainings, trained 2,222 people in Monmouth and Ocean counties, and served 31 provider agencies.

Facilities Maintenance employees helped keep all Arc buildings in safe operating condition, completing many maintenance tasks themselves, and using local vendors when necessary.



ASSOCIATION FOR RETARDED CITIZENS, MONMOUTH UNIT, INC.  
CONSOLIDATED STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS  
FOR THE YEAR ENDED JUNE 30, 2007

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Permanently Restricted</u>	<u>Total</u>
<b>Support and revenues:</b>				
Federal and state financial assistance	\$ 10,963,401	\$ -	\$ -	\$ 10,963,401
Local municipal government school board fees	1,211,655	-	-	1,211,655
County grants	295,826	-	-	295,826
United Way of Monmouth County	39,495	-	-	39,495
Donated services, materials and facilities	143,661	-	-	143,661
Contributions	75,590	8,946	-	84,536
Other governmental fees	109,538	-	-	109,538
Program revenue	1,577,834	-	-	1,577,834
Thrift shop sales	235,361	-	-	235,361
Special events revenue	456,134	-	-	456,134
Rental revenue - HUD group homes	566,033	-	-	566,033
Investment Income	922,905	-	-	922,905
Membership dues	14,265	-	-	14,265
Other revenue	11,076	-	-	11,076
Net assets released from restrictions	55,510	(55,510)	-	-
<b>Total - support and revenues</b>	<b>16,678,284</b>	<b>(46,564)</b>	<b>-</b>	<b>16,631,720</b>
Less: Adjustment for revenues generated by interdepartmental billings	(158,950)	-	-	(158,950)
<b>TOTAL ADJUSTED SUPPORT AND REVENUES</b>	<b>16,519,334</b>	<b>(46,564)</b>	<b>-</b>	<b>16,472,770</b>
<b>Expenses:</b>				
Program services	13,722,834	-	-	13,722,834
Support services	2,081,464	-	-	2,081,464
<b>Total - expenses</b>	<b>15,804,298</b>	<b>-</b>	<b>-</b>	<b>15,804,298</b>
Less: Adjustment for expenses incurred for interdepartmental services	(158,950)	-	-	(158,950)
<b>TOTAL ADJUSTED EXPENSES</b>	<b>15,645,348</b>	<b>-</b>	<b>-</b>	<b>15,645,348</b>
<b>CHANGE IN NET ASSETS</b>	<b>873,986</b>	<b>(46,564)</b>	<b>-</b>	<b>827,422</b>
<b>NET ASSETS, BEGINNING OF YEAR</b>	<b>14,154,710</b>	<b>435,707</b>	<b>238,959</b>	<b>14,829,376</b>
<b>NET ASSETS, END OF YEAR</b>	<b>\$ 15,028,696</b>	<b>\$ 389,143</b>	<b>\$ 238,959</b>	<b>\$ 15,656,798</b>

The financial statement presented above has been extracted from the consolidated financial statements audited by Amper, Politzner & Mattia, PC (Certified Public Accountants and Consultants) for the fiscal year ended June 30, 2007 on which an unqualified opinion was expressed dated November 27, 2007. The statement of activities should be read together with the complete consolidated financial statements in order to have a better understanding of the organization's financial position and the results of its activities.



### ***Administrative Offices***

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732-493-1919 FAX: 732-493-3604

info@arcofmonmouth.org ♦ www.arcofmonmouth.org

### ***Adult Services***

1340 Campus Parkway, Neptune, NJ 07712

732-938-2525 FAX: 732-938-3660

### ***Employment Services***

Arc Employment

135 Monmouth Street, Red Bank, NJ 07701

732-345-9171 FAX: 732-345-9219

### ***Arc Resources Unlimited***

Freehold Raceway Mall

3710 Route 9, Suite 2101, Freehold, NJ 07728

732-866-0435 FAX: 732-866-0137

### ***Health Services***

1158 Wayside Road, Tinton Falls, NJ 07712

732-493-1919 FAX: 732-493-2413

### ***Dorothy B. Hersh High School***

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732-493-1919 FAX: 732-493-3604

### ***Social Services/Independent Living***

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732-493-1919 FAX: 732-493-3604

### ***Recreation***

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732-493-1919 FAX: 732-493-3604

### ***Residential***

1158 Wayside Road, Tinton Falls, NJ 07712

732-493-1919 FAX: 732-493-3604

### ***Work Opportunity Center***

395 Warburton Place, Long Branch, NJ 07740

732-229-4414 FAX: 732-222-3567