



# Fiscal Year 2009 Annual Report

## *"Kindness in the Community"*

Most people live their lives by a set of standards and values in which they believe. They feel them deep in their soul and hope that everyone else does as well. It is what we try to instill in our children when we say, "treat others as you would like to be treated".

Over the past few years, The Arc of Monmouth officially established and adopted a set of Core Values. These values are: Commitment to the Mission of The Arc of Monmouth; Respect; Kindness; Positive Attitude; Trustworthiness; and Conscientiousness. The agency tries to exhibit these values in all of its actions. It is The Arc of Monmouth's hope that our core values will spill into our communities and come back to us twofold. As a whole, we treat others as we would want to be treated. We help over 1,700 individuals with intellectual and developmental disabilities achieve their goals and live as independently as they possibly can. In addition, the individuals served by The Arc of Monmouth give back to their communities. They volunteer, they work, they fundraise. Providing for and helping others produces a tremendous sense of self-worth and of being appreciated. Read on to find out more.

### Adult Services

The Adult Services department operates five adult training centers (ATC) and four cleaning crews, funded by the New Jersey Division of Developmental Disabilities (DDD). The centers and crews provide work and volunteer opportunities for served persons as well as skill building, social and recreational activities. This department also oversees the daily transportation for the agency.

The centers' main focus is community integration. This includes day trips, recreational activities and volunteerism in the county.

Acts of kindness are a longtime regular occurrence at the ATCs. Individuals regularly deliver Meals on Wheels. Going to the door with the lunches and greeting recipients is a routine pleasantly anticipated on both sides. In addition, some individuals serve at Red Bank's soup kitchen, Lunch Break, when they are needed. After serving, they sit and talk with the Lunch Break clients, providing companionship.

### Employment Services

Having a job gives one a sense of purpose and community. It makes you feel complete. The Employment Services department helps individuals with developmental disabilities achieve and sustain jobs in the community. In Fiscal Year (FY) 2009 this department provided two employment services programs, an afternoon respite program, Access Link Assessment Services and the Red Horse Art Gallery.

During FY 2009 there were 160 individuals in the supported employment program. Kindness and thanks were shown to many employers during the annual Mentor Day, which acknowledged the mentors of served individuals in their workplaces.

This department provided services not only to individuals, but to the community as well. The gallery at Arc Resources Unlimited (ARU) at the Freehold Raceway Mall displays artwork created by individuals with disabilities and serves as a community resource. Many people visit the ARU storefront with inquiries about services and as a result many referrals are made. Several events for special education students in Monmouth County were held as well. Graduating students came to ARU and then visited businesses in the mall, exposing them to different types of employment with guidance from the ARU staff.

Eight individuals from the drop off center at ARU visit Monmouth Crossing (an assisted living community in Freehold) every month. They show kindness to the seniors by encouraging their participation in various activities including crafts and sing-alongs, but mostly socialize and provide companionship, which the residents look forward to each month.

### Dorothy B. Hersh High School

Dorothy B. Hersh High School is a fully accredited private school for students with intellectual and developmental disabilities,

between the ages of 14 and 21. Housed in The Arc of Monmouth's Arc Center, Hersh High students learn basic skills, daily living skills, and also work in the community. Students work in local stores and restaurants and even help with various office tasks around The Arc Center. Six students graduated within this academic year.

Community awareness is also part of the curriculum, and the students do their part to show kindness to their community. They fundraise for both St. Luke's United Methodist Church in Long Branch and Deborah Heart and Lung Hospital. This year they held a '70s barbecue for the food pantry at St. Luke's and a Valentine's Day chocolate covered strawberry and lollipop sale for Deborah. All the proceeds from the Valentine's sale went directly to Deborah, in the name of their gym teacher, who survived heart disease by having surgery at Deborah in 2004. Students also have various fundraisers for the school, including sales of handmade wooden roses and seasonal crafts.

### Health Services

It is important to have doctors who know your needs. We all seek that out. Individuals served by The Arc of Monmouth are no different. They see doctors, nurses and therapists at the agency's Health Services department specifically trained to help individuals with intellectual and developmental disabilities. On days that the clinic is open the waiting area is bustling with people. On select days group therapy sessions go on through

out the building, helping individuals cope with the trials and tribulations they face. Because of services individuals receive through this department, they are able to lead more productive, happy and healthy lives.

This fiscal year saw a growth in patients and services provided, especially mental health services. There are now 13 group therapy sessions held by wonderful professional therapists in addition to graduate student interns who bring a fresh, new prospective into the department.

Any person going through therapy is trying to better oneself. They have taken a proactive approach to their problems. One such person undergoing therapy in one of The Arc of Monmouth's groups has undergone a complete turnaround. He has gotten control of his anger and is now able to exhibit compassion. He has, through therapy, been able to get out into the community and show kindness. This individual volunteers weekly at a local non-profit organization and holds a job.

## Residential Services

The Arc of Monmouth is made up of families. Families founded the agency. That atmosphere and sense of belonging and love is nowhere more evident than in the residential department. It operates 10 group homes; supervised apartments where individuals live in garden apartments scattered throughout a complex, and supportive living in apartments with a roommate and scheduled visits from Arc staff. In FY 2009, 83 individuals were served in the 12 programs. They took many trips and participated in many recreational activities.

Two individuals who reside in Arc's Supported Living program and have been roommates for 15 years personally take it upon themselves to fundraise for The Arc and other organizations. They also help at various community events and are strong voices advocating on issues affecting individuals with developmental disabilities. These two roommates are truly individuals who demonstrate kindness and give back to their community every day.

## Recreation

Recreational activities are an essential part of life. Everyone needs to have fun, stay active and socialize. The Arc of Monmouth's recreation department provides opportunities for over 800 individuals. Many Arc volunteers devote their time, talents and kindness to the department to provide educational, recreational, sporting and social occasions for served individuals. This department could not survive without the commitment and dedication of its volunteers.

This year there were over 25 new participants in the recreational activities. Two overnight trips were taken, to Washington D.C. and Myrtle Beach. An integrated trip to Mohegan Sun was also a popular favorite. A variety show was held, directed by a Girl Scout working on her Gold Award, and 25 talented athletes competed in Special Olympics.

The Circle of Friends Club, a club for more independent individuals served by the agency, planned activities on their own, many of which showed their kindness as a group. Using some of their personal money in addition to club funds, they provided holiday gifts to two families in need. They took this project from beginning to end by shopping, wrapping and delivering the gifts. In addition, they put together 60 Thanksgiving food baskets and participated in The Arc of Monmouth's annual walk. A few of the club members also serve on the committee for the walk, assisting with the planning and volunteering at the event.

## Social Services/ Independent Living

Arc's Social Services department is available to give individuals and their families direction as to services available to them, and which will serve their needs best.

Networking and outreach are a big part of this department. Many presentations were made at local schools pertaining to students transitioning to adult life, in addition to ongoing outreach to Latino families and organizations. A new program, Great Expectations, a self-directed day service option, was facilitated and as a result eight young adults were able to attend Brookdale and the YMCA in Freehold. During the holiday season, this department coordinated

donations for 59 Thanksgiving food baskets and five families who received holiday gifts. In addition the department coordinated gifts for 38 adopted families through the Snowflake Wishes program.

The Independent Living Program is also a part of the Social Services department. Through this program, supports are provided to 20 individuals living in the community to assist them to remain as independent as possible. Many individuals in this program give back to their community. One such individual shows kindness to animals by volunteering at the SPCA. Not only does he clean the cats' cages, but he also assists with socializing the animals. He helps them become more comfortable with people, and therefore more adoptable, as many have been born in the wild. In addition, he donates some of his own hard earned money to the cause when he can. He truly loves volunteering and being with the cats and has his own cat at home.

## Work Opportunity Center (WOC)

More than 150 individuals attend WOC, a community vocational rehabilitation program where work skills are built and enhanced on a daily basis through actual subcontracted jobs from local businesses. Services to businesses vary from packaging to assembly to collating and everything in between. Individuals who perform jobs earn a paycheck, but also a sense of purpose.

In addition, individuals are helped to gain community employment. In FY 2009 four individuals moved into this employment. Twenty individuals attended job clubs where they learn necessary skills to achieve employment and 13 community job samplings were conducted. A Self Advocacy Group (SAG) meets at WOC to take an active role in state and national advocacy efforts. They participate in letter writing and phone call campaigns in addition to attending rallies and meetings with state officials.

Upon walking in the door of WOC you are met with sincere kindness from the warm hellos, to the offers of help and, later, to the fond goodbyes. But the individuals served at WOC show their compassion in the community as well. This year they participated

in the Long Branch Concordance's Homeless Count. They held a toiletry drive at WOC and nine SAG members delivered the items and volunteered at the community event. In addition, a second toiletry drive was held for the troops overseas, in hopes of making their time away from home a little bit easier.

### Other Important Departments

Many other departments help The Arc of Monmouth sustain and evolve. Accounting continued to provide high quality financial data to Arc's board of directors, management and funding sources. Administrative staff throughout the agency continued to offer stellar support to all, enabling the daily operations of The Arc to smoothly move forward.

The Development Department organized and implemented the main fundraising events: the Winter Glow Ball, Step Up For The Arc Walk and Annual Golf Classic. They did this with the help of many volunteers, without whom the events could not take place. The volunteers assist with the planning and execution of each event, vol-

unteering hours of time and support. In addition, the department prepared the agency newsletter, maintained the website, sent out press releases, attended special community events and oversaw two thrift shops. The department continues to seek new sources of donations and community partnerships.

Human Resources continued their efforts to keep the staff of The Arc of Monmouth well informed and current. They hosted the annual staff conference, with opening remarks by the Executive Director of The Arc of New Jersey. They trained over 2,000 employees from The Arc of Monmouth and other agencies and offered an in-house management training series.

All Arc locations were kept in safe operating condition by Facilities Maintenance staff.

*Arc staff members exhibit kindness on a daily basis. Many staff put in time and energy above and beyond their job descriptions. At The Arc of Monmouth the focus remains squarely on doing our best to improve the lives of persons with intellectual and developmental disabilities and their families, and doing so kindly.*

## 2009 Annual Report

*published by*

### The Arc of Monmouth

1158 Wayside Road  
Tinton Falls, NJ 07712  
(732) 493-1919  
www.arcofmonmouth.org

### Board of Directors

Philip A. Fina, *Immediate Past President*  
Robert B. Gura, *President*  
Neil Fleischman, *1st Vice President*  
Roger Trendowski, *2nd Vice President*  
Richard Harter, *Secretary*  
Kevin O'Brien, *Treasurer*  
Rhona L. Levy, *Assistant Secretary*  
D. Roderick Webster, *Assistant Treasurer*  
Roy Bolinger  
Francine Catanese  
Lori La Fay  
Julie Lin  
Vincent Puma  
Anita Roselle  
Theodore J. Stieve  
Randall B. Smith

### Honorary Members

Thomas J. Mitchell  
John P. Murray

### Executive Director

Mary E. Scott

### Associate Executive Director

Kathleen Mullery

### Assistant Executive Director

Suzanne Liberi

## New Members Welcome - Join Today!

*There are several memberships from which you may choose.  
Please be as generous as your means will permit.*

Regular Members - \$25.00    Supporting Member - \$35.00  
Patron - \$50.00    Benefactor - \$100.00  
President's Council - \$200.00 and above

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

New Member: \_\_\_\_\_ Renewal: \_\_\_\_\_

Parent of person with developmental disabilities? \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

Please charge my MasterCard/Visa/American Express:

Name on card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. date: \_\_\_\_\_

Signature: \_\_\_\_\_

Please mail to:

The Arc of Monmouth, 1158 Wayside Road, Tinton Falls, NJ 07712  
ATTN: Development



The Arc of Monmouth is a non-profit, tax-exempt organization under section 501 (c) 3 of the Internal Revenue Code. Contributions to The Arc of Monmouth are tax deductible as allowed by law.

Information filed with the Attorney General concerning this charity may be obtained from the Attorney General of the State of New Jersey by calling 973-504-6215. Registration with the Attorney General does not imply endorsement.

**The Arc of Monmouth, Inc. and Subsidiaries**  
**Consolidated Statement of Activities and Changes in Net Assets**  
**For the Year Ended June 30, 2009**

	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
<b>Support, revenues and reclassifications</b>				
Federal and state financial assistance	\$ 11,297,345		\$ --	\$ 11,297,345
Local municipal government school board fees	1,042,406		--	1,042,406
County grants	160,233		--	160,233
United Way of Monmouth County	53,151		--	53,151
Donated facilities and services	146,380		--	146,380
Contributions - general public	21,609	51,585	--	73,194
Contributions and grants - other organizations	18,386		--	18,386
Other governmental fees	91,816		--	91,816
Program revenue	1,585,195		--	1,585,195
Proceeds from sale of merchandise donated to thrift shops	210,250		--	210,250
Special events revenue	304,035		--	304,035
Rental revenue - HUD group homes	620,826		--	620,826
Investment income (loss)	(856,732)		--	(856,732)
Membership dues	25,960		--	25,960
Other revenue	25,805		--	25,805
Net assets released from restrictions	65,061	(65,061)	--	--
	<u>14,811,726</u>	<u>(13,476)</u>	<u>--</u>	<u>14,798,250</u>
Less: Adjustment for revenues generated by interdepartmental billings	<u>(156,609)</u>	<u>--</u>	<u>--</u>	<u>(156,609)</u>
Total adjusted support, revenues and reclassifications	14,655,117	(13,476)	--	14,641,641
<b>Expenses</b>				
Program services	13,887,233	--	--	13,887,233
Support services	2,128,358	--	--	2,128,358
	<u>16,015,591</u>	<u>--</u>	<u>--</u>	<u>16,015,591</u>
Less: Adjustment for expenses incurred for interdepartmental services	<u>(156,609)</u>	<u>--</u>	<u>--</u>	<u>(156,609)</u>
Total adjusted expenses	<u>15,858,982</u>	<u>--</u>	<u>--</u>	<u>15,858,982</u>
Change in net assets	(1,203,865)	(13,476)	--	(1,217,341)
Net assets - July 1, 2008	<u>14,766,861</u>	<u>537,159</u>	<u>238,959</u>	<u>15,542,979</u>
Net assets - June 30, 2009	<u>\$ 13,562,996</u>	<u>\$ 523,683</u>	<u>\$ 238,959</u>	<u>\$ 14,325,638</u>

The financial statement presented above has been extracted from the consolidated financial statements audited by WithumSmith+Brown, P.C. (Certified Public Accountants and Consultants) for the fiscal year ended June 30, 2009 on which an unqualified opinion was expressed dated November 30, 2009. This financial statement should be read together with the complete consolidated financial statements in order to have a full understanding of the organization's financial position and the results of its activities and related restrictions.

## Have you visited an Arc of Monmouth thrift shop lately?

Whether it be to make a donation or a purchase, a journey to one of our stores is always worth the trip! We are currently seeking seasonal donations. *Please no baby items aside from clothing.*

Don't forget to check us out for holiday decorations  
and Halloween costumes! Look closely and you may even find a designer label!

**Red Bank:      77 Monmouth Street      732-842-4881**  
**Matawan:      154 Main Street      732-290-7681**