



RECREATION BANNER



The Arc of Monmouth
1158 Wayside Road
Tinton Falls, NJ 07712

SPRING 2011

Recreation Office
732-493-0225

Email: recreation@arcofmonmouth.org



Spring into Recreation!!!

It is now time to pack up our winter sweaters, snow gear and shovels and take out our spring jackets and sunglasses! Before we jump into another long awaited spring season, let us take a journey back at an unforgettable winter!

In December we had our annual holiday parties at St. Dorthea's and the Red Bank Elks with plenty of food, dancing, holiday music, and even a trip from the jolly man himself! Everyone had an outstanding time! Kudos to all the volunteers that made this holiday season so wonderful!

We also traveled to New Hope to see the performance of "A Christmas Carol" at the legendary Bucks County Playhouse. We had a delicious lunch with Arc of Hunterdon, shopped for holiday presents and walked around Peddler's Village. It was a remarkable day for all who attended!

January saw our regular programs returning. Fitness and Nutrition with Randi Rae took off the new year with a bang! Just in time for some of those new year resolutions!

As we are finishing up this edition of the 2011 Spring Banner, we are still finishing up our special events from the Winter Banner.

In March, we are taking a group of 35 people to Florida for a ten day vacation. Some of the activities we have planned are Disney World, Spring Training with the infamous New York Yankees, Universal Studios, and plenty others!! We all look forward to this trip! Mickey Mouse here we come!!!!



SPECIAL OLYMPICS COMPETITION SCHEDULES

Bowling Sectional Meet

Date: Saturday, March 5, 2011

Place: Strathmore Lanes, Aberdeen

Time: TBA (all ages)

Spring Sports Festival: Singles Bowling

Date: Sunday, April 3, 2011

Place: La Martinique, Stratford

Time: TBA (all ages)

Spring Sports Festival: Basketball

Date: Saturday - Sunday, April 2 - 3, 2011

Place: Wildwood Convention Center, Wildwood

Time: 8:00 am

Track and Field Area Meet

Date: Saturday, May 7, 2011

Place: TBD

Time: 8:30 am

2011 Summer Games

Date: June 10 - 12, 2011

Place: The College of New Jersey

"No matter how long the winter, spring is sure to follow."

Spring Programs



Blockbuster Movie Night

What better way to spend a Friday night than watching a movie with your friends? Come down to The Arc Center to catch a flick, eat some delicious pizza, play Wii or board games and have a great time! Pizza, snacks and drinks will be served prior to the start of the movie. There will also be games and Wii in another room if a movie is not on your top choice! If interested in door-to-door transportation at \$15 please indicate on the registration page.



Date: Friday, April 1, 2011
Time: 6:00 – 9:00pm
Location: The Arc Center in Tinton Falls
Cost: \$20 for Arc members
 \$25 for non-members
Ages: 13 and up
Limit: 35

Track and Field

This program offers training in walking, running, broad jumping, shot put and softball throwing. Track and field is a great way to exercise and stay fit! Everyone who plans on competing in Special Olympics on our Jersey Shore Sharks team must have a current medical on file in the Recreation Office and meet the attendance requirement.



Dates: Sundays, March 13 - June 5, 2011
Times: 1:30 -3:30pm
Location: Monmouth Regional High School
 Tinton Ave., Tinton Falls
Age: 15 and up
Cost: \$30 Arc members/ \$35 non- members
Limit: 20

Wellness and Fitness Class



Our move to the Meridian Training Center provides us with the space to break into smaller groups and offer various levels and types of fitness throughout the evening.

We will also be offering gym and exercise equipment at an additional cost of \$20. Working on the exercise equipment is available from 6:30 - 7 pm.

Check off what options you are choosing on the registration page.

Dates: Wednesdays, April 6- May 25, 2011
Time: 7:00 pm - 8:00 pm
Cost: \$35 for Arc members for Fitness
 \$40 for non-members for Fitness
 \$20 for Arc Members for Exercise Room
Limit: 20
Restrictions: Ages 15 and up
Location: Meridian Training Center in Eatontown

Nutrition Class



Randi Rae will be teaching a class about nutrition and healthy eating! You will learn about the major nutritional groups, how to read food labels for healthier eating, and even how to make some of the food that you learn about. There will be meal planning involved and some days you will be able to taste some of your creations!

MEALS WILL NOT BE PROVIDED!

Dates: Wednesdays, April 6- May 25, 2011
Time: 8:15 pm - 8:45 pm (After Fitness Class)
Cost: \$35 for Arc members; \$40 for non-members
Limit: 20
Age: 15 & up
Location: Meridian ATC, 20 Meridian Road, Eatontown



Special Events



Monmouth Museum: Give Peace A Chance: John Lennon and Yoko Ono's Bed-in for Peace Exhibition



Celebrate one of the most famous bandmen of the Beatles, John Lennon. You will be taking a look into his life and legacy through images and stories. In this exhibit at the Monmouth Museum, they offer visitors a seat on the edge of their bed during John and Yoko's

famous eight day Bed-In for Peace protest held in 1969. Music and video presentations will be included in the exhibition. Don't miss this once in a lifetime opportunity to join The Arc of Monmouth on this special event! Please indicate on the Registration Page if you are interested in dinner after the exhibit.



- Date:** Saturday, April 30, 2011
- Location:** Monmouth Museum, Brookdale Campus, Lincroft
- Time:** Departing the Arc Center at 1:00 pm
Arriving at the Arc Center at 4:30 pm
- Cost:** \$35 for Arc members
\$45 for non-members
- Limit:** 20

Variety Show 2011 Practices



Are you the next Elvis Presley or Britney Spears? Are you born to shine in the spot light? Come to practice your talent for the Variety Show held in June! These practices offer assistance in routines, songs, stage props acting skits, or whatever else your talent may be! We will have a dance instructor on hand for all practices who will be assisting with routines. Solo acts as well as group acts are all welcome! You do not need to be an Arc Member to sign up for the Variety Show Practices. The show is open to anyone who would like to take part in this spectacular night! The dress rehearsal on June 2, 2011 is mandatory to participate in the Variety Show.

- Date:** Monday, March 28 , 2011
Monday, April 11 & 25, 2011
Mondays, May 9, 16, & 23, 2011
- Time:** 7:00 pm - 9:00 pm
- Location:** The Arc Center
- Cost:** \$20 for Arc members
\$25 for non-members
- Restrictions:** Open to all ages!!

You will register for these classes through the Variety Show Packet!

Blockbuster Movie Night & Dinner at Seabrook

We are taking a trip to Seabrook Village for a buffet dinner and to watch a movie in their movie theater. **If you do not want to attend the dinner, you can always meet us at Seabrook for the movie only at 7:30 pm.** Directions will be available upon registration. Transportation from The Arc Center at \$15 is available for the participants who are doing BOTH dinner and a movie.

- Date:** Friday, May 13, 2011
- Time:** 6:00 – 10:00pm
- Location:** Seabrook Village, Essex Rd. Tinton Falls
- Cost:** \$50 for Arc members for dinner and movie
\$55 for non-members for dinner and movie
\$15 for Arc members for movie only
\$20 for non-members for movie only
- Transportation:** \$15 from The Arc Center for DINNER AND MOVIE participants ONLY!
- Limit:** 45

Pinball Wizard

We are taking a trip to the historic Asbury Park Boardwalk to go to the Silverball Museum Arcade and Pinball Hall Of Fame. It is a museum and arcade in one with 200 pinball machines on display and ready to play. Most are mainly from the 1930's to the 1980's. So get your game hands ready and come try out all these wonderful pinball machines with your friends! Cost includes your transportation, a light meal and play time.



- Date:** Wednesday, June 15, 2011
- Time:** Meet at The Arc Center at 5:30 pm
Return to The Arc Center at 9:30 pm
- Location:** Silverball Museum, Asbury Park
- Cost:** \$30 for Arc members
\$35 for non-members
- Limit:** 20

Music Bingo



Randi Rae is going to bring a bit of a twist to the game of Bingo. Come try your luck and have some fun grooving to music while having fun at Bingo. We will be playing for prizes. This is like "Name That Tune" with the fun of Bingo!

- Date:** Thursday, May 12, 2011
- Time:** 7:00 – 9:00pm
- Location:** Freehold VFW, Waterworks Road, Freehold
- Cost:** \$12 for Arc members
\$17 for non-members
- Transportation:** \$15 from The Arc Center

Directions will be provided upon Registration!



Township Recreation Departments

Atlantic Highlands (W. Lincoln Ave.)	732-291-1794
Avon-By-The-Sea (Main St.)	732-502-4517
Bradley Beach (Main St.)	732-776-2998
Colts Neck (Cedar Dr.)	732-780-6666
Eatontown (Broad St.)	732-389-7607
Freehold	732-294-2190
Hazlet (Middle Rd.)	732-739-0653
Howell (Preventorium Rd.)	732-938-4500
Long Branch (Second Ave.)	732-671-6545
Manalapan (Taylors Mills Rd.)	732-446-8355
Middletown (Leonardville Rd.)	732-615-2260

Summer in the Poconos



We are planning a trip to Split Rock Resort in the Poconos for two days in the summer.

This resort offers many activities such as bowling, movies, bocce, shuffleboard, outdoor pool, indoor waterpark, boats, mini-golf, nightly entertainment and gourmet meals. This is a great vacation to sit back and enjoy the fresh mountain air while participating in a variety of activities. Those individuals needing more assistance will be given priority on this trip. At the time of printing, the price and dates are not available.

PLEASE INDICATE YOUR INTEREST IN RECEIVING THE DETAILS FOR THE TRIP ON THE REGISTRATION FORM.



"The most important trip you may take in life is meeting people halfway."
~ Henry Boye

The Arc of Monmouth Recreation



Department Presents



The 2011 Variety Show June 4, 2011

We will be hosting our Variety Show on June 4, 2011 so start your planning! Please indicate on the registration page if you are interested in performing. This event is open to anyone to “strut your stuff” and to show everyone what your talent is! Registration packages will be mailed out with all the details. Please sign up on the Registration Page if you are interested and you will be mailed out a package with full details.

When: Saturday, June 4, 2011
Where: Seabrook Village
Essex Road, Tinton Falls
Time: 7:30 - 10:00 pm
Cost: Admission is \$5
Order your tickets on the Registration Page.

NO TICKETS WILL BE SOLD AT THE DOOR!!!

We would love to have skits from all day programs, staff, participants, family members and friends! Come one, come all!!!

Limited Door-to-Door Transportation Will Be Available!



Walkathon

**The
Arc
of Monmouth**

The Arc of Monmouth is planning the 2011 Step Up For The Arc Walk set for May 14, 2011, rain or shine. We are joining other Arcs around the state in this campaign. We will be at the same location in Tinton Falls, Liberty Park II on West Park Avenue, as we were last year. You can walk as little or as much as you like. The park is wheelchair accessible. There is no fee to register. As a walker for The Arc of Monmouth we invite you to go to www.firstgiving.com/arcofmonmouth and create a personal fundraising page. That's right! You can create your very own fundraising page and email it to your friends and family who can then sponsor you directly over the internet. **A donation of \$40 gets you a t-shirt.** The Arc is very excited to start planning for the walk and hope you are too! There are a lot of ways to get involved. If you are interested in becoming a sponsor, walker, or team leader and would like more information please call Development at 732-493-1919.

**BRING THE FAMILY.....IT'S NOT JUST A WALK.....IT'S
A FAMILY FUN DAY!!**

“YOU LIGHT UP MY LIFE” SPRING FORMAL NEWS



The “You Light Up My Life” Spring Formal, co-hosted by the 4-H Kids for Kids Club, will be held on Friday, April 15, 2011 at the Shore Casino in Atlantic Highlands. The cost of the event is \$20. The Recreation Department and the 4-H Kids for Kids Club will help those who do not have the money to pay the registration through a scholarship fund.

Those who did not attend last year are eligible to attend this year. Registration forms went out in January. Any new person who has not attended the Spring Formal should contact the Recreation Office at 732-493-0225 for details. Everyone attending the formal must have a current PIF on file with the Recreation Department.

LIMITED TRANSPORTATION IS AVAILABLE!

First priority will be given to those with no means of transportation. Indicate on the Spring Formal registration form if you need transportation. This information will be passed on to us from the 4-H.

“We do not remember days; we remember moments.”

Golf



We offer two instructional levels of golf over the summer to meet the various needs of the golfers ages 10 and up. The Advanced class is designed to prepare the golfers for Special Olympics. All advanced participants must be able to play the game of golf and follow the rules. All others are invited to join the Beginners/Intermediate Class. You will practice various skills such as driving, putting, and chipping. Challenge yourself with this great sport! The program takes place at Twin Brook Golf Center on Jumping Brook Road, Tinton Falls.

Advanced Class:

Dates: June 13, 2011 - October 17, 2011

Time: Mondays, 5:45 p.m.– 7:30 p.m.

Cost: \$95 for Arc members, \$115 for non-members

Beginners/Intermediate Class:

Dates: July 11, 2011 - August 29, 2011

Time: Mondays, 5:45pm - 6:30pm

Cost: \$40 for Arc members, \$50 for non-members

Fall 2011 Bocce

Look for Recreational Bocce
in the Fall Banner!!



Registration

Please indicate on the Registration Page the programs and special events that you are interested in. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on a waiting list for.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit slip will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least 24 hours notice for a refund. Please note that in the event of a cancellation, we may not be able to refund your money.

Office Hours

The Recreation Department office hours are 9:00 am - 4:30 pm, Monday through Friday. The office phone number is 732-493-0225.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information. Our number is 732-493-0225. When the program is cancelled, a message will be left no earlier than 1 1/2 hours prior to the activity. If the agency is closed due to bad weather, all programs will be cancelled. You may want to listen to WJLK on 1310AM or 94.3FM for this information.

Transportation

Limited transportation is available for some of the special events for those individuals who have no means of transportation. There is a small fee for transportation when available.

Financial Assistance

If financial assistance is needed in order to participate in a program, please call. A scholarship application form will be sent to you. Financial aid/scholarships are granted on an as-needed basis.

Cell Phone Policy

We have implemented cell phone guidelines for Recreation Events. There has been a number of personal calls and text messages that have come through during recreation program hours that appear to be non-emergency related and they are starting to become a distraction at such events. Staff members are going to ask people to silence their phones during program hours and limit the calls and text messaging to emergency only. Thank you for your cooperation and understanding on this matter.



Spotlight On: Camp Jaycee

New Jersey Camp Jaycee is a collaborative effort between the New Jersey Jaycees and The Arc of New Jersey, with a mission of providing quality camping experiences to persons with developmental disabilities. Camp Jaycee has been in operation since the summer of 1975, and is proud to be accredited by the American Camping Association. Goals of Camp Jaycee are centered around developing social skills, improving self esteem, increasing confidence, learning in a fun environment, developing physical fitness, and establishing meaningful relationships with new friends. These goals are carried out by a staff of over 90. Their staff is carefully selected to insure the utmost in safety and growth for our special campers. Camp Jaycee is about people. A special group of people comprised of very special campers, and a caring, dedicated and unique staff. With this special combination, Camp Jaycee is able to serve over 500 campers each summer, ranging in age from seven to over eighty years old. Camp Jaycee serves individuals with a wide array of developmental disabilities who benefit greatly from the caring and fun environment of the camp!

**FOR MORE INFORMATION VISIT THE CAMP WEBSITE AT
WWW.CAMPJAYCEE.ORG OR BY CALLING 732--246--2525 EXTENSION 44.**

Day Camps

Camp Discovery Toms River, NJ
732-349-4466 Co-Ed, Ages 6-21

Camp Oakhurst Oakhurst, NJ
732-531-0215 Co-Ed, Ages 8 & Up
OAKHURST06@aol.com

HAM Travel Day Camp
Hazlet, NJ 732-583-4200 x182 Co-Ed, Ages 7 & Up

Handicapped High Riders Club
Allentown, NJ 609-259-3884 Co-Ed, Ages 8-16

Jewish Community Center
Deal, NJ 732-531-9100 Co-Ed, All ages
jcc.yehud.com

Kateri Day Camp
Wickatunk, NJ 732-946-9694 Co-Ed, Ages 6-13
www.collierservices.com

Monmouth County Parks System
Dorbrook Park, NJ 732-542-1642 Co-Ed, All ages
www.monmouthcountyparks.com

Summer Discovery-New!
Marlboro, NJ 732-431-1188

Vacation Opportunities

Big Apple Greeter New York, NY 212-669-2896

Community Access New Jersey 908-354-3040

Developmental Disabilities Association of New Jersey
www.ddanj.org/arvts.html 732-636-6710

Eagle Spring Philadelphia, PA 215-849-2744

Easter Seals of NJ East Brunswick, NJ 732-257-6662

Flying Wheels Owatonna, MN 800-535-6790

Guided Tours Elkins, PA 215-782-1370

New Vistas Charlestown, MA 800-352-4303

Search Beyond Minneapolis, MN 800-800-9979

Sprout, Inc. New York, NY 888-222-9575
www.GoSprout.org

Sundial Special Vacations, Inc. Seaside, OR 800-547-9198

Trip, Inc. 800-686-1013

JCC on the Palisades Getaway Groups Tenafly, NJ
201-569-7900 X302 www.jcconthepalisades.org

Information on Non-Arc Recreation and Social Programs

Howell Recreation

Call 732-938-4500 for more information. Star program serves grades K-12, and the SHARP program serves adults.

Family Resource Associates

For information & dates, call FRA at (732) 747-5310. Offer a variety of social, recreational, and educational programs in the Shrewsbury Area

R.O.B.I.N

Special Needs Programs for children and adults sponsored by Old Bridge. Call 732-765-0968 for information. Programs are open to non-residents.

HAM Recreation

The towns of Hazlet, Aberdeen, and Matawan joined together to offer many programs. For information & dates, call H.A.M at (732) 583-4200.

Basketball

Held at Holy Trinity in Long Branch on Thursday, from 7:00-9:00 pm from November to April. Contact Augie DeVito at 732-222-7089 for more information.

Shore Bowling

Held on Saturdays from 12:00 - 1:30 pm at Shore Lanes on Rt. 35 in Neptune. Contact Rachelle Maget at 732-280-9697 for more information. Teens and Adults

Free Swim Programs

The Jewish Community Center offers a free swim program for children and young adults with special needs on Thursdays from 3:30pm - 4:15pm. Preregistration is required. Contact Maureen at 732-531-9100 ext. 133. The Western Monmouth YMCA is the location for a new free swim program. The program will be held on Sunday's from 10:00am - 11:00am for ages 8 and up. This is a

Special Olympic training program. All athletes must have some swim skills. Call Carol McMullin at 732-577-0073 to register.

Dances

Once a month, the Red Bank Elks hosts a dance on the 3rd Wednesday of the month. Dance is free.

-Held on bi-weekly Mondays at the Millstone Elks Lodge on Burnt Tavern Road in Clarksburg, from 7:00 - 9:00pm. Contact Mr. Cunningham at (609) 259-7760 for more information.

Friends of Special Athletes

Various programs offered in the southern Monmouth County area. Please contact Lucy Frost at 732-938-2858 for program information.

Camp Oakhurst

Programs offered day or evening in the Ocean Township area at their facility includes indoor pool, stage, craft room, and overnight accommodations. Contact 732-531-0215. Door to door transportation offered.

Challenger Little League

The Challenger League offers various sports programs for ages 7 - 18 throughout Monmouth County. For more information contact these people. Their website is:

Challengedyouthsports.org

-Freehold area: Alan Goldstein at 732-431-1152

-Jackson area: John Ventrella at 732-364-5061

-Middletown area: Paul Hooker at 732-974-7729



Local Drama Productions



Ocean Township High School

“Les Miserables”

Dates: April 7th at 7:00 pm
April 8th at 7:00 pm
April 9th at 7:00 pm

Cost: \$12 for Adults prior to 3/12/11
\$15 for Adults after 3/13/11

Ocean Twp. High School
550 West Park Ave.
Ocean, NJ
732-531-5650

Red Bank Catholic

“The Sound of Music”

Dates: March 5th at 8:00 pm
March 12th at 8:00 pm

Red Bank Catholic
112 Broad Street
Red Bank, NJ
(732) 747-1774

Shore Regional High School

“Joseph and the Amazing Technicolor Dreamcoat”

Dates: March 4th at 8:00 pm
March 5th at 8:00 pm
March 11th at 8:00 pm
March 12th at 8:00 pm

March 6th & 13th at 2:00 pm

Please call 732-222-9300 to reserve tickets

Allaire State Park

Irish Folk Music with "Three Pints Shy"

Dates: March 11th at 7:30 pm
March 12th at 7:30 pm

Cost: Advance reservations are recommended.

Allaire Chapel
Historic Allaire Village
within Allaire State Park
Rt. 524/4265 Atlantic Ave., Wall
732-919-3500



Community Events



MARCH

3rd Annual Belmar Restaurant Tour

March 13, 2011 11:00am-4:00pm (732) 894-3528

At your own pace, visit the more than 25 participating restaurants throughout Belmar.

Eyesights 2011 - Photography Show

March 5-30, 2011 (732) 741-1441 620 Broad St.
(Route 35), Shrewsbury, NJ 07702

Annual juried open photography show - great photography and many prizes.

Ocean County Saint Patrick's Day Parade

March 12, 2011 (732) 830-1847

On the Boulevard, Seaside Heights, NJ 08751

Come celebrate Saint Patrick's Day at the Jersey Shore with the "Greenest Parade in all of New Jersey" starting at noon.

9th Annual Highlands St. Patrick's Day Parade

March 19, 2011 2:00pm (732) 291-4713

Bay Ave, Highlands

The Summer of Love Concert: Celebration of the Music of Woodstock

March 12, 2011 8 pm 732-842-9000

Count Basie Theatre, 99 Monmouth Street, Red Bank, NJ

Tuesdays with Morrie

January 20-30, 2011 (732-528-9211)

173 Main Street, Manasquan, NJ 08736

This play is a magical chronicle of their time together, through which Mitch shares Morrie's lasting gift with the world.

24th Easter Parade



Date: April 24, 2011

Time: TBD

Location: Asbury Park Easter Parade Celebration.

Atlantic Park Ocean and Fifth Avenues, Asbury Park

(732) 502-5752

Bradley Beach Memorial Day Parade



Date: May 28, 2011

Time: 10:00am Start

Location: Begins on Bradley Blvd

east to Ocean Ave to the North End. Bradley Beach

(732) 776-2999

APRIL

Connie Francis

April 1, 2011

8 pm

732-842-9000

Count Basie Theatre, 99 Monmouth Street, Red Bank, NJ.

First Saturday Asbury Park

April 2, 2011

(732) 775-7676

Spend the first Saturday of each month enjoying sidewalk sales, shopping, and dining under a variety of different themes. Asbury Park

A Taste of Ocean Grove

April 15, 2011

5 - 8 pm

(732) 774-1391

Enjoy tasting at many Ocean Grove Restaurants.

Sponsored Commerce. 45 Pilgrim Pathway

16th RunAPalooza - Jersey Shore Running Club

April 16, 2011 Call for times (732) 681-9464

The day features a Relay Marathon, Half-marathon, and 3 mile walk. Asbury Park, NJ

Belmar Art Walk

April 17, 2011

6 pm

(732) 681-2900

Enjoy walking downtown Belmar and see artwork done by local artists.

MAY

Ocean Grove Music & Art Festival

May 7, 2011 11:00am-4:30pm (732) 774-1391

Call the Ocean Grove Chamber of Commerce for information

Family Funathon at Thompson Park

May 7, 2011 8:00am (732) 842-4000 ext. 4236

This offers the family a chance to compete in a variety of outdoor challenges Thompson Park, Rte. 520, Lincroft

Belmar Kite Festival & Town Wide Yard Sale

May 14 & 15, 2011 12:00pm-4:00pm (732) 681-2900

Celebration of the beach with colorful and varied kites throughout the beach, sponsored by the Belmar Chamber of Commerce. Belmar Beach

Belmar Cruise Night

May 19, 2011 6:30pm-8:00pm (732) 681-2900

Music, food and classic cars. Sponsored by the Belmar Tourism Commission, Belmar Chamber of Commerce & Kennedy's Irish Iron. Pyanoe Plaza 9th and Main St.

Monmouth Park Memorial Day Weekend

May 28 & 29, 2011 12 - 5 pm (732) 222-5100

Brats Burgers & Beers, Hot Dog Festival 2011

Monmouth Park Racetrack Oceanport Ave, Oceanport



Monmouth County Recreation Activity Center

(ages 22 and up, w/cognitive & neurological impairments)

Our affectionately nicknamed "MCRAC" program for adults with developmental disabilities continues this Winter starting the week of January 4th. We will be busy forming friendships, working on arts-n-crafts, taking mini trips/tours, and getting some physical activity. Some paperwork is required for new participants prior to attending. Please call Lauren at (732) 460-1167 ext. 24 for pricing information.

Night Out (Ages 18 and up, with special needs)

Night Out is an evening social program for adults with special needs. Drop-offs and pick-ups will be at Dorbrook Activity Center. Questions? Please call Justin at (732) 460-1167, ext. 22.

Lakewood BlueClaws Game

Let's cheer on our local minor league team the BlueClaws. Price includes transportation, admission, meal and Park System Leaders.

Dorbrook Rec Area Activity Center Parking Lot

Fri, Apr 29 5:15-10:00 PM.....D0412A

One 4-Hr & 45-Min Session \$29.00 1 day

Dinner & A Movie

We will meeting at Friday's in the Monmouth Mall parking lot and then travelling over to the movies! Pick up will be at the Monmouth Mall AMC Movie Theatre. Please bring \$25 for movie ticket and meal.Dorbrook Rec Area Act Ctr

Fri, May 20 5:30-9:30 PM.....D0512A

One 4-Hr Session \$17.00 1 day

Game Night

(All ages)

From parachutes to legball come try your hand at our favorite noncompetitive games. Get a chance to meet some of the other Therapeutic Recreation Staff and just have fun! This open house is for any present, past, and future Therapeutic Recreation participants.

One 2-Hr Session Dorbrook Rec Area Act Ctr

Thu, May 5 6:30-8:30 PM.....D1612A

Sand, Sun and Fun

(ages 2-5, with disabilities with parent)

Transform ordinary beach sand into a work of art. Bring a bucket to gather sand and shells. Wear your play clothes.

One 45-Min Session \$8.00 Parent/Child Bayshore

Waterfront Park Act Ctr

Sun, Apr 3 10:00-10:45 AM.....D1412A

Teen Scene (Ages 13-21, with special needs)

Looking for something to do on the weekend? Want to spend more time with your friends? Then come join us! Teen Scene meets once a month to do lots of fun activities.

Spring Break Party

We are going to have a party featuring the best of the beach! Come dance, sing, and socialize with your friends as we welcome the spring season. Snacks will be provided.Dorbrook Rec Area Act Ctr

One 2-Hr Session \$17.00 1 day

Fri, Apr 15 7:00-9:00 PM.....D0612A

Cooking and a Movie

Tonight we will be staying in to prepare, cook, and enjoy a delicious meal with a picnic theme! A movie will be shown while we eat.

One 2-Hr Session \$17.00 1 day

Fri, May 13 7:00-9:00 PM.....D0712A

Tween Time (Ages 11-15, with special needs)

Looking for something to do on the weekend? Want to spend more time with your friends and make some new ones? Then come join us for fun activities!

Evening of Fun!

Come join your friends as we have a fun evening filled with music, snacks, a movie, and more! Feel free to bring in your favorite cd or dvd.

Dorbrook Rec Area Act Ctr

Fri, Apr 8 6:30-8:30 PM.....D0812A

One 2-Hr Session \$17.00 Per Person

Got Camp Forms? (All ages)

Applying to Recreation Challenge, Adult Adventures, or Summer Capers? Having trouble trying to figure out the camp application? Come join us as Justin and Lauren will have open office hours to help you complete your application. Remember, camp applications are due April 15th! Please note, if you have not scheduled a camper assessment with Justin this will not take the place of the assessment.

One 2-Hr Session Dorbrook Rec Area Act Ctr

Thu, Apr 7 6:30-8:30 PM.....D1512A

VOLUNTEERS WANTED!!!!

How To Become A Volunteer For The Recreation Office

Without volunteers, our programs would not be able to run. Many volunteer opportunities are available. Special needs of the department include drivers and chaperones for special events. If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding volunteer opportunities waiting!

Drivers: We are always in need of substitute drivers to transport from the Work Opportunity Center in Long Branch to the bowling alley in Bradley Beach on Wednesdays and drivers for Special Events.

Special Events: We have numerous special events and programs throughout the year. Check this edition of the Recreation Banner for the ones we are featuring at this time.

After you have found an event or program that fits both your interests and your schedule, call us at 732-493-0225. We will send you a Volunteer Registration Form to complete and return to get you started.

The agency has many other opportunities for volunteering if these don't fit your needs. We have fundraisers, thrift shops, committees, the drop-in center and art gallery, the group homes and adult centers. Call us and we will try our best to find the right volunteer position for you.

Some of our Spring Banner Special Events that we need volunteers for are as follows:

- Blockbuster Movie Night
- Blockbuster Movie and Dinner at Seabrook
- John Lennon Museum
- Split Rock Overnight
- Track and Field
- Variety Show





The Success of your Fall and Winter Programs from the past months is due in large part to generosity of several local organizations and individuals in the community who gave their time and support to the Recreation Department.

The REVEREND JAMES B. COYLE COUNCIL #12620
KNIGHTS OF COLUMBUS

Thank you for the wonderful Holiday Party on Saturday, December 11, 2010, from a visit by Santa to the great meal, to the wonderful dance crew and DJ, everyone had a fantastic time. The Knights of Columbus volunteers did all the set up and take down of tables and chairs and decorated the room beautifully. We look forward to another fantastic afternoon of holiday fun next year!



MIDDLETOWN KNIGHTS OF COLUMBUS

For hosting their annual Fall Festival party for us at Croyden Hall in Leonardo. This party had a huge turnout and it was so much fun. A great time was had by individuals, volunteers, and family.



TO ALL OF OUR VOLUNTEERS

The above mentioned groups, organizations, and events were extremely helpful to us and our participants in the past few months and we wanted to express our appreciation for all they have done, but by no means are we ignoring the accomplishments and amazing services provided by our other volunteers and other organizations. We are forever in the debt of every person who has donated their time, energy, caring, and help in any way in the past or present. All of you are the reason that we can do what we do for our participants and know that we hold you in the highest esteem. We look forward to seeing old and new faces helping out in the future!



Red Bank Elks Lodge #233

Thank you to Butch Della Pietro and all of the Elks for another outstanding holiday party on Sunday, December 12, 2010, that ended our party season with a bang. The band's music, great food, Santa visit, and gifts for everyone were really enjoyed by all. Everyone in attendance had a delightful afternoon and really got into the Holiday spirit!

Registration Form - SPRING 2011



Participant's Name _____ Phone _____

Address _____

Town _____ Zip _____ Email Address: _____

Parent/Sponsor Name _____

Are you an Arc Member? ____ Yes ____ No (If no, you may enclose the \$25.00 membership fee to become an Arc Member.)

Arc Programs

_____ Wellness & Fitness (Begins on April 6, 2011)
_____ Exercise Room

_____ Nutrition (Begins on April 6, 2011)

_____ Track & Field (Begins March 13, 2011)

_____ Advanced Golf (Begins June 13, 2011)

_____ Beginners Golf (Begins July 11, 2011)

**Register for Variety Show Practices in Packet
(Begins 3/28/11)**

Transportation

_____ Music Bingo from The Arc Center (5/12/11)

_____ Blockbuster Movie Night (4/1/11)

_____ Blockbuster Movie at Seabrook from The Arc
Center (Dinner & Movie Only) 5/13/11

Variety Show 2011

_____ Packet for Variety Show (June 4, 2011)

_____ Admission for Variety Show (June 4, 2011)
_____ Number of Tickets (\$5 per ticket)

Special Events

_____ Blockbuster Movie Night at Seabrook (5/13/11)
_____ Dinner and Movie
_____ Movie Only

_____ Monmouth Museum: John Lennon Exhibit
(4/30/11) _____ Dinner After Exhibit

_____ Pinball Wizard (6/15/11)

_____ Blockbuster Movie Night at Arc (April 1, 2011)

_____ Music Bingo (May 12, 2011)

Overnight

_____ Summer in the Poconos

**DO NOT ENCLOSE ANY
MONEY WITH YOUR REGIS-
TRATION**

**WE WILL BE STARTING THE CONFIR-
MATION PROCESS 3 WEEKS AFTER
THE RECREATION BANNERS HAVE
BEEN MAILED
OUT**





Non-Profit Organization
US Postage
Paid
Red, Bank, New Jersey
Permit No. 8

Recreation Program

Cindy Wieggers
Recreation Director
Email: cwieggers@arcofmonmouth.org



Anne Annecharico
Administration Assistant
Email: Anne@arcofmonmouth.org

Allison Tuttle
Recreation Coordinator
Email: atuttle@arcofmonmouth.org

Dated Material

Direct Office Line (732) 493-0225
Email: recreation@arcofmonmouth.org

New Members Welcome - Join Today!
*There are several memberships from which you may choose.
 Please be as generous as your means will permit.*

Regular Members - \$25.00 Supporting Member - \$35.00
 Patron - \$50.00 Benefactor - \$100.00
 President's Council - \$200.00 and above

Ms./Miss/Mr./Mrs. _____
 Address: _____
 City/State/Zip: _____
 Phone: _____ Email: _____

New Member: _____ Renewal: _____
 Parent of person with developmental disabilities? _____
 Amount Enclosed: \$ _____

Please charge my MasterCard/Visa/American Express:
 Card #: _____ Exp. date: _____
 Signature: _____

Mail to:
 The Arc of Monmouth, 1158 Wayside Road, Tinton Falls, NJ 07712