

## Twelve-Week Program

Morning - Culinary Session  
Young Chefs Academy  
712 Ginesi Drive  
Morganville, NJ 07751  
9:15 - 11:15 a.m.

Afternoon - Fine Arts Session  
Middletown Arts Center  
36 Church Street  
Middletown, NJ 07748  
12:30 - 2:30 p.m.  
(Pickup at 3:00)

Transportation between sessions will be provided for individuals electing both morning and afternoon sessions.

Transportation to and from the program is the responsibility of the participant. The Arc may assist with transportation arrangements upon request.

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## Enrollment

### A Day of the Arts

Thursdays  
9:00 a.m. to 3:00 p.m.

Fall, Winter *and* Spring  
Sessions  
Contact us for session dates

(732) 493-1919 ext 665  
or email  
slogan@arcofmonmouth.org

*The Arc of Monmouth  
is a DDD approved  
provider of  
Self-Directed Services*

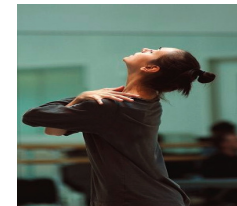
**The Arc of Monmouth**  
1158 Wayside Road  
Tinton Falls, NJ 07712  
Phone: 732-493-1919  
Fax: 732-493-3604  
www.arcofmonmouth.org



**The Arc**<sup>™</sup>  
of Monmouth

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## A Day of the Arts



*Community based  
experiential learning in  
the arts*

## Welcome!

The Arc of Monmouth is proud to offer *A Day of The Arts* for adults with intellectual and developmental disabilities. The Arc has partnered with Young Chefs Academy, Morganville, and has secured a master artist to offer this exciting twelve week program.

The program will operate on Thursdays. Please contact us for session dates. Program hours are 9:00 a.m. to 3:00 p.m.

The Arc's *A Day of the Arts* program consists of two sessions. It is the goal of this program to provide participants the opportunity for creative expression in the arts – culinary arts in the morning and fine arts in the afternoon. Participants can elect to attend both sessions or choose one. The Arc of Monmouth will provide transportation between sessions, at no additional cost, to participants choosing both a.m. and p.m. sessions.

## Program Description

### Morning Session

Culinary Arts: Participants will learn the art of cooking in a two-hour class at Young Chefs Academy in Morganville. Under the tutorage of Chef Lyle Stone, student cooks will prepare a variety of foods, many with holiday themes. Emphasis is placed on the proper handling of food and safe use of tools and appliances. Alternative kitchen tools are introduced as needed so cooks develop independent ways of preparing their own meals safely.

Participants will have the opportunity to sample their creations at the end of each lesson.

### Afternoon Session

Fine Arts: Participants will experience a hands-on, interactive session designed to discover and develop each person's talents. Robyn Ellenbogen, Master of Fine Arts, will enable participants to explore the fine arts in a variety of media. The session will be held at the Middletown Arts Center.

## Admission Criteria

A Day of the Arts was developed to serve adults ages 21 and above. Acceptance into the program is based on assessment by Arc staff.

A Day of the Arts provides a 1:4 staff ratio and is limited to twelve individuals at this time. Participants must be able to administer their own medication and be capable of attending to their personal hygiene.

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully towards others.

Participants must have sufficient emotional and independent stability to participate in all aspects of the program.



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