

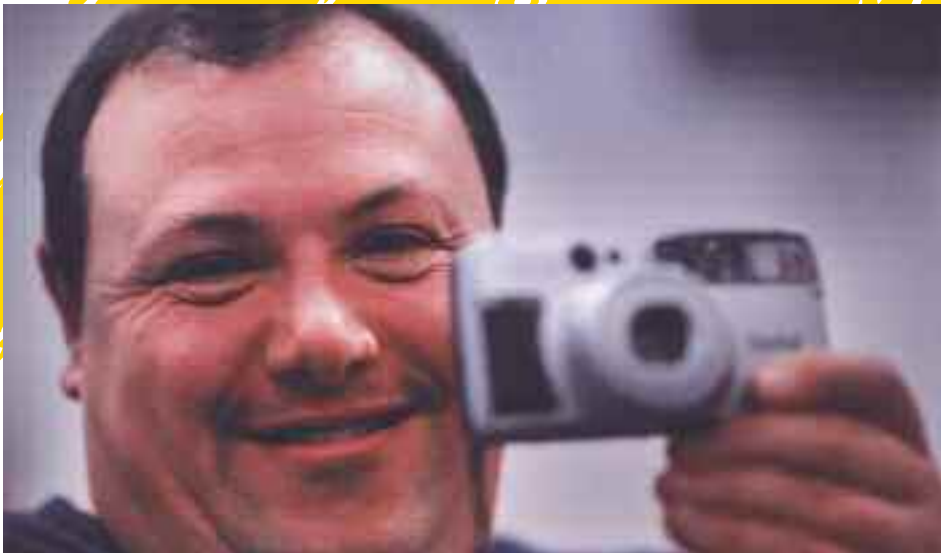


**The Arc**  
*of Monmouth*

For people with intellectual  
and developmental disabilities

# Annual Report

## Fiscal Year 2010



Achieve with us.

## Achieve with us.

This Annual Report could not have come at a better time.

The Arc of Monmouth has joined forces with chapters of The Arc across the country and the state in adopting and launching a new brand. Our new logo comes with the tagline: "Achieve with us." The Arc of Monmouth celebrates and helps hundreds of individuals with intellectual and developmental disabilities achieve their goals every day. For some individuals, the goal is to dress themselves, make eye contact, or use a touch screen to play music on a computer. For others, going to college or getting a new job is their aspiration. For everyone, The Arc of Monmouth provides support for steps that lead toward personal goals. We cheer on the person who is taking public transportation for the first time; we applaud the person who got a job in the community; we encourage the individual who normally shies away from people to make new friends. We invite you to share in the celebration of these achievements.



Above, left to right: Tyshon Woods, Hersh High School student; James "Skipper" Feketie, Adult Services Participant; Darlene Smith, Independent Living program participant.

Cover: Steve Meisner, served individual.

## Dorothy B. Hersh High School

"Hersh High" as it is affectionately called, is a fully accredited private school for students with intellectual and developmental disabilities between the ages of 14 and 21. Housed in The Arc of Monmouth's Arc Center, students learn academic and daily living skills. There is a strong emphasis on work in the community and transition to adult life. Students learn to be independent and stand up for themselves. Three students graduated within this academic year.

At Hersh High, achievements are fast and furious. For a small high school they make a big difference. Community awareness is a constant lesson as they fundraise throughout the year for different organizations. In addition to their own school functions, they raise money for Deborah Heart and Lung, local churches, and animal shelters. This year they added Haiti to their list, and sent thank you cards to American troops overseas.



Dorothy B. Hersh High School's Self Advocacy Group from the top left are: Robert Schwarz, Angel Luinones, Nelson Salas, Tyshon Woods, Miguel Aponte.

The Self Advocacy Group (SAG) at Hersh High made well-received presentations at local colleges to promote awareness for the End the R-Word Campaign. Because of their efforts, the New Jersey Self Advocacy Project presented them with the "Making a Difference Group Achievement Award". This project continued to build the students' self-confidence and public speaking abilities and several local newspapers featured stories about the students and their efforts.

## Employment Services

Obtaining a job is a major achievement. Sustaining that employment for any length of time is another. Receiving awards or credit based on a job well done is yet one more triumph. In Fiscal Year 2010 (FY 2010) the Employment Services department provided two employment programs, an afternoon respite program, Access Link Assessment Services and the Red Horse Art Gallery.

During FY 2010 there were 163 active individuals in the supported employment program. These are 163 stories of achievement, of people receiving supportive services from The Arc of Monmouth.

The Red Horse Art Gallery at Arc Resources Unlimited (ARU) in the Freehold Raceway Mall displays artwork created by individuals

with disabilities and offers art classes. Isabell Villacis, an art student who is living with cerebral palsy, has had a year full of achievements. Currently her artwork is on display in the new office of The Arc of the United States in Washington, D.C. Since completing her art classes, she was nominated “Painter of the Month” at A.R.T. (Artistic Realization Technologies) as well as being selected by the Christopher and Dana Reeve Foundation

to have one of her paintings featured on their New Year’s greeting card.



Isabell Villacis

## Adult Services

This department operates 5 Adult Training Centers (ATC) and the Atlantic Services Cleaning Crews. The centers provide work and volunteer opportunities for served individuals as well as skill building, social and recreational activities.

Some individuals served by this department achieve a paycheck for contract work completed. Individuals develop social skills through community outings, self-advocacy groups and by interacting with staff and other served individuals. Many give back to the community during various volunteer options such as delivery of Meals on Wheels, enhancing their sense of engagement and interaction with the people to whom they deliver meals.

A friendly and festive atmosphere lends itself to achievement, as individuals feel more comfortable with their surroundings. The Western Monmouth ATC offers weekly sing-a-longs, often led by a served individual. James “Skipper” Feketic often lends his voice, talent and wide-ranging knowledge of song lyrics to these events, engaging others and providing a platform for self-confidence. In addition, many of the budding writers at the ATCs pooled their talents and knowledge and put together a Literary Magazine with the help of staff from the ATC.

## Health Services

It is important to see doctors and health care providers who are in tune to your needs. As such, hundreds of individuals visit The Arc of Monmouth’s Health Services Department to see the doctors, nurses and therapists specifically trained to help individuals with intellectual and developmental disabilities.

This year, the department has seen exceptional growth, with a 15% increase in patients served through medical, dental and mental health services including 14 weekly group therapy sessions addressing topics such as relationships, social boundaries, anger management and self regulation.

Maintaining good health is an achievement. Following doctor’s orders and initiating change from the inside out is an even bigger achievement. Over the past year, the department collaborated with other departments to ensure that served individuals are achieving their own goals while getting their needs met in a holistic way.

Maria Buckland, an individual who receives medical, mental health and counseling services through the health services department, received the Making Strides award at The Arc’s annual award ceremony. This individual has worked extremely hard and has overcome many personal battles to be a successful member of her community. Maria’s achievements are outstanding.



l to r: Maria Buckland,  
Kristin Creed  
(Director of Health Services)

## Residential

The Arc of Monmouth is made up of families. Families started the agency over 60 years ago, and that sense of warmth and family is nowhere more evident than in the residential department. Residents and staff may develop close relationships, often acting as an extended family on both parts. The department operates 10 group homes; supervised apartments where individuals live in garden apartments scattered throughout a complex, and supportive living in apartments with a roommate and scheduled visits from Arc staff. In FY 2010 87 individuals were served in the 12 programs. This included four new residents, their acclimation to their new living arrangements a major achievement.

As with any family, all accomplishments and achievements are celebrated, and no achievement is too small. One of the brand new residents has purchased a cell phone and made a huge adjustment to his new home. Through the help of staff he reconnected with his cousin's family who take him out on the weekends. He has achieved a weight loss of 10 pounds and is close to finding community employment. This resident has achieved happiness and a sense of independence through his new environment.



left to right: Keith Latchow (Resident of Virginia Manor Group Home) and Roselyne Maina, (Manager of Newman Springs Group Home)

The residential department celebrated its 31st Anniversary in 2010. Many people including residents, served individuals, staff of The Arc of Monmouth, family and friends gathered for a picnic to recognize this milestone.

## Recreation

Everyone needs recreation. More than the pure enjoyment, for some it provides vital interaction with other people and the community. Through this socialization, self-confidence is built (an achievement for anyone). The Arc of Monmouth's recreation department provides these services to over 800 individuals. Dedicated volunteers give of their time to provide educational, sporting and social opportunities for served individuals. This department could not survive without the commitment of its volunteers.

Recreation was so popular this year, several opportunities were offered a second time to accommodate all who wanted to participate. In addition, the ever-popular fitness class was expanded, enabling the department to serve 22 additional people. Many trips were planned including ventures with other local chapters of The Arc.

Within certain trips there are many achievements. Served individuals are included in the planning, shopping, cooking and chores that come with renting a home for a week (as opposed to a hotel). This involvement provides lessons in healthy eating, budgeting and skill building.



Participants of the May 2010 group trip to Pigeon Hole, Tennessee

## Work Opportunity Center (WOC)

More than 150 individuals attend WOC, a community vocational rehabilitation program where work skills are built and enhanced daily through subcontracted jobs from local businesses. Services to businesses include packaging, assembly, collating and everything in between. Individuals who perform jobs earn a paycheck, but also a sense of purpose and achievement for a job well done.

In addition to in-house work, community employment is a goal of many individuals at WOC. In FY 2010, WOC helped to secure 10 of these individuals employment in the community. Twenty individuals attended job clubs where they learned and practiced the necessary skills to gain employment and 20 community job samplings were conducted.

Achievement rings through the large WOC building. Jobs are completed, new jobs are found, skills are acquired, lifelong friends are made and self-advocacy efforts are celebrated. WOC's Self Advocacy Group is extremely active writing letters, making phone calls and meeting with state officials. They hold a conference at WOC every year and invite self advocates throughout the agency to attend.

Even though WOC as a group has many achievements, individual celebrations of achievement are not overlooked. One individual, who began at WOC in 2004, displayed excellent skills and was given the higher pay scale jobs at WOC (material handler and warehouse crew).



Longtime WOC worker Peter Adams

An active self-advocate, he has traveled to Trenton on many occasions to meet with state representatives and through his efforts and the supports he has received at WOC, gained community employment in FY 2010.

## Social Services/Independent Living

The Arc's Social Services department is designed to guide individuals and their families to the services that will serve their needs best, and help them to work toward achieving their personal goals.

A major achievement of the department was the founding of the Keep Achieving at Brookdale (Kach) program funded by a grant awarded by The Arc of the United States from funding from the



Members of the Kach program at Brookdale

Walmart Foundation to facilitate a program designed for a school to community transition through post-secondary education and skill development. This program, with achieve in the title, offers its participants a three year college experience. It is designed for and serves transitioning students and high school graduates to gain the skills and confidence necessary for them to succeed in their chosen paid or volunteer career field.

One of life's major achievements is living on your own. The Independent Living Program, part of the Social Services department, supports 20 individuals living in the community to assist them in remaining as independent as possible. These supports stress independence and independent thinking, empowering the individual to every day make daily achievements such as staying within a budget, expanding their use of natural supports and expanding their use of community resources.

Because of the supports received, many individuals in this program celebrated achievements throughout FY 2010. One individual moved into her own apartment, decorating it exactly the way she wanted and another individual celebrated 35 years of employment at the Jersey Shore Medical Center Dietary Department. In addition, with extra support from his caseworker, an individual whose hours were reduced at his place of employment was able to readjust his budget, and continue to live on his own.

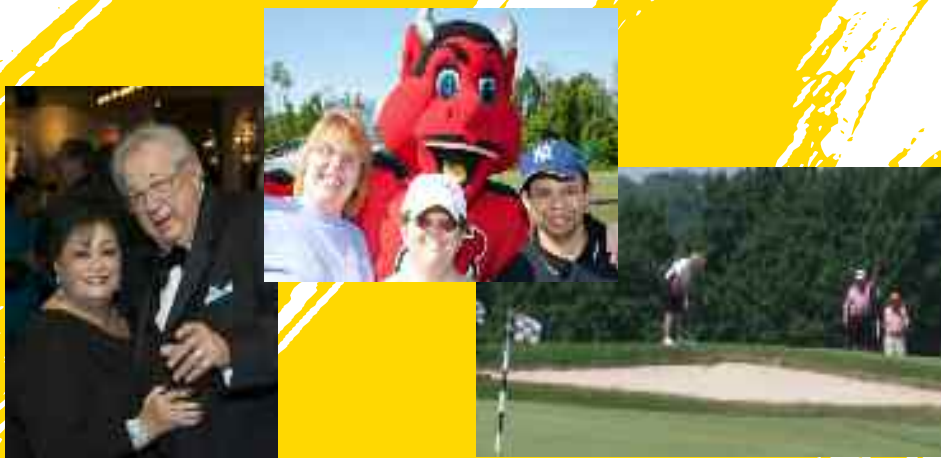
## Other Important Departments

Many other departments help The Arc of Monmouth achieve its goals. Accounting continued to provide high quality financial data. Administrative staff throughout the agency continued to provide stellar support to all, enabling the daily operations of the agency to move forward.

The Development Department organized and implemented the agency's main fundraising events: the Winter Glow Ball, Edward M. Rosell Memorial Arc Golf Classic and the Step Up for The Arc Walk. These events could not achieve the success that they do without the help of dedicated volunteers. These volunteers who generously give of their time, assist with the planning and execution of the events. In addition, the department prepared the agency newsletter, maintained the website, sent out press releases, attended community events, and oversaw two thrift shops.

Human Resources continued their efforts in recruiting and hiring qualified staff. They kept the staff of The Arc of Monmouth well informed and current. They trained over 2,000 people, both Arc employees and people from outside agencies.

Achievement and The Arc go hand in hand.



Pictured l to r: Anita & Joe Roselle at the 2010 Winter Glow Ball; Having fun with the N.J. Devil at the 2010 Step up for The Arc Walk; On par at the 1st Annual Edward M. Rosell Golf Classic.

## The Arc of Monmouth, Inc. and Subsidiaries Consolidated Statement of Activities and Changes in Net Assets Year Ended June 30, 2010

	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
<b>Support, revenues and reclassifications</b>				
Federal and state financial assistance	\$ 11,127,404	\$ --	\$ --	\$ 11,127,404
Local municipal government school board fees	978,854	--	--	978,854
County grants	157,413	--	--	157,413
United Way of Monmouth County	29,904	--	--	29,904
Donated facilities and services	120,080	--	--	120,080
Contributions - general public	74,251	26,928	--	101,179
Contributions and grants - other organizations	33,515	--	--	33,515
Other governmental fees	108,496	--	--	108,496
Program revenue	1,300,702	--	--	1,300,702
Proceeds from sale of merchandise donated to thrift shops	200,297	--	--	200,297
Special events revenue	368,577	--	--	368,577
Rental revenue - HUD group homes	662,621	--	--	662,621
Investment income	1,193,170	--	--	1,193,170
Membership dues	10,080	--	--	10,080
Other revenue	22,565	--	--	22,565
Net assets released from restrictions	59,807	(59,807)	--	--
	16,447,736	(32,879)	--	16,414,857
Less: Adjustment for revenues generated by interdepartmental billings	(154,397)	--	--	(154,397)
Total adjusted support and revenues	16,293,339	(32,879)	--	16,260,460
<b>Expenses</b>				
Program services	13,476,963	--	--	13,476,963
Support services	2,041,946	--	--	2,041,946
	15,518,909	--	--	15,518,909
Less: Adjustment for expenses incurred for interdepartmental services	(154,397)	--	--	(154,397)
Total adjusted expenses	15,364,512	--	--	15,364,512
Changes in net assets	928,827	(32,879)	--	895,948
Net assets - July 1, 2009	13,562,996	523,683	238,959	14,325,638
Net assets - June 30, 2010	\$ 14,491,823	\$ 490,804	\$ 238,959	\$ 15,221,586

WithumSmith+Brown, P.C. (Certified Public Accountants and Consultants) for the fiscal year ended June 30, 2010 on which an unqualified opinion was expressed dated December 8, 2010. This financial statement should be read together with the complete consolidated financial statements in order to have a full understanding of the organization's financial position and the results of its activities and related restrictions.

**The Arc of Monmouth is a 501(c)(3) nonprofit organization, and donations are tax deductible to the fullest extent allowable by law.**  
**Federal EIN 210-657-022**  
**NJ Charities Registration # 2292-00775**



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*The Arc of Monmouth was built 62 years ago through the grass roots efforts of concerned, supportive parents. It is because of the continued support and advocacy of individuals and families that The Arc of Monmouth exists as it does today.*

*The mission of The Arc of Monmouth is to improve the lives of persons with intellectual and developmental disabilities and their families. This is accomplished through advocacy, services and supports, cooperation with community partners and community education. The Arc of Monmouth also works to prevent the causes and effects of intellectual and developmental disabilities.*

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**Achieve with us.**