

Twelve-Week Program

The Arc offers transportation
from two central locations in
Eastern Monmouth
and
Western Monmouth County

Eastern Monmouth:

The Center at Eatontown
20 Meridian Road
Eatontown, NJ 07724
(732) 389-5256

Western Monmouth

Western Monmouth Center
200 Campus Drive
Suite 200F
Morganville, NJ 07751
(732) 536-8081

Transportation between Brookdale Community College and CentraState Fitness and Wellness Center is provided by The Arc.

Achieve with us

4/11/11

Enrollment

Great Expectations

Fridays
10:00 a.m. to 4:00 p.m.

Fall and Spring Sessions
(Contact us for session dates)

(732) 493-1919 ext 665
or email
slogan@arcofmonmouth.org

*The Arc of Monmouth
is a DDD approved
provider of
Self-Directed Services*

The Arc of Monmouth
1158 Wayside Road
Tinton Falls, NJ 07712
Phone: 732-493-1919
Fax: 732-493-3604
www.arcofmonmouth.org



Achieve with us.

Great Expectations



*A community based
enrichment opportunity
focusing on academics,
social skills and
physical fitness*

Welcome!

The Arc of Monmouth is proud to continue this popular program for adults with intellectual and developmental disabilities. The Arc has partnered with Brookdale Community College and Centra State Fitness & Wellness Center to offer this exciting twelve-week program.

The program operates on Fridays. There are two sessions, Fall and Spring. Contact us for dates. Hours are 10:00 a.m. to 4:00 p.m.

Participants will meet at a designated Arc site and will then be transported by Arc staff to Brookdale and CentraState. At the end of the day, students will be returned to The Arc site.

Participants must meet the admission criteria including standards set by CentraState Fitness & Wellness Center. A separate Centra State application form must be completed prior to acceptance into the program.

Program Description

Brookdale Community College

- Academic Enrichment Classes: Students will participate in offerings such as poetry, American history, ancient history, drama, first aid, science and nature, money management skills, self-advocacy and autobiographical writing.
- Social Skills Classes: Students will be provided the opportunity to problem solve events that affect their lives on a daily basis and role-play situations that occur. Students can also discuss their feelings about living with disabilities and how they overcome obstacles they come across.

Centra State Fitness & Wellness Center

Participants may participate in a swimming activity or use available services. Lifeguards are on duty at all times.

Admission Criteria

Great Expectations was developed to serve adults ages 21 and above. Acceptance into the program is based on assessment by Arc staff.

Great Expectations provides a 1:4 staff ratio and is limited to twelve individuals at this time. Participants must be able to administer their own medication and be capable of attending to their personal hygiene.

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully towards others.

Participants must have sufficient emotional and independent stability to participate in all aspects of the program.



Achieve with us.