

Serve and Learn at Celtic Charms

is based at
Celtic Charms
671 Fort Plains Road
Howell, NJ 07731

Transportation to and from the program is the responsibility of the participant. The Arc may assist with transportation arrangements upon request.

Participants will be required to complete a formal application and agree to specific rules as required by our partner agencies such as medical clearance.



Enrollment

Serve and Learn at Celtic Charms

Spring 2012

Tuesdays

March 27 - May 1

Fridays

May 11 - June 15

10:00 a.m. to 3:00 p.m.

*The Arc of Monmouth
is a DDD approved
provider of
Self-Directed Services*

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The Arc
of Monmouth

Achieve with us.

Serve and Learn at Celtic Charms



*Community based
volunteering and an
opportunity for therapeutic
horseback riding*

Welcome!

If you've ever wanted to experience life on a farm, here's your chance! The Arc of Monmouth is proud to offer *Serve and Learn at Celtic Charms* for adults with intellectual and developmental disabilities. The Arc has partnered with Celtic Charms to offer this exciting volunteer experience and the opportunity to participate in therapeutic horseback riding.

Volunteers are essential to farm living. Animals must be fed, groomed and nurtured to be at their best. The land surrounding the farm must be cultivated to grow vegetables and flowers.

Opportunities on the farm are as diverse as your interests. The Arc is sure to teach you new skills that will help you long after you've left the farm.

End the day with a horseback riding lesson. Although it is highly encouraged, the riding lesson is not mandatory.

Program Description

Volunteer Session

The volunteer session will consist of a variety of activities such as:

- preparing equipment for horseback riding
- preparing feed for horses and other farm animals
- collecting eggs from the Chestnut Farm chickens
- crating the eggs and preparing them for sale
- interaction with the horses to provide stimulation and companionship
- learning about variety of plants including flowers and vegetables
- landscaping with perennials and annual flowers
- preparing and cultivating a vegetable garden

Therapeutic Horseback Riding

A horseback riding lesson will complete the day for those who elect to do so. Horseback riding lessons are conducted in an indoor arena with Celtic Charms staff.

Admission Criteria

Serve and Learn was developed to serve adults ages 21 and above. Acceptance into the program is based on assessment by Arc staff.

Celtic Charms Inc. requires medical clearance for all participants who elect horseback riding.

Serve and Learn provides a 1:4 staff ratio and is limited to eight individuals at this time. Participants must be able to administer their own medication and be capable of attending to their personal hygiene.

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully towards others. Participants must follow rules established by our partner agencies.

Participants must have sufficient emotional and independent stability to participate in all aspects of the program.



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