



RECREATION BANNER



The Arc of Monmouth
1158 Wayside Road
Tinton Falls, NJ 07712

SPRING 2012

Recreation Office
732-493-0225

Email: recreation@arcofmonmouth.org



Spring Awakening...



It's time to say goodbye to those long, cold winter days and welcome spring!

We had a busy winter season where our annual holiday parties started off the season. Everyone had a wonderful time at the Knights of Columbus party and the Red Bank Elks party. It was a great way to kick off the holiday season and get everyone in the spirit. On New Year's Eve, a group went to Ocean County College to ring in the new year to some old tunes by Buddy Holly, the Big Bopper and Ritchie Valens. Everyone had a blast and we even got a chance to meet "Ritchie Valens"!

We are also looking forward to our Bermuda Cruise in May. All of us can't wait to lay on the beautiful beaches of Bermuda with our friends! For those of you that want to stay closer to home, we will be planning a trip to the Pennsylvania area this fall.



Take a look through this edition of the Recreation Banner and see what fun programs we are offering. There are some new special events and the return of our programs such as Bocce and Track and Field. Let's welcome Spring with open arms!



SPECIAL OLYMPICS COMPETITION SCHEDULES

Bowling Sectional Meet

Date: March 3, 2012

Place: Strathmore Lanes, Aberdeen

Time: TBA (all ages)

Spring Sports Festival: Singles Bowling

Date: Sunday, April 1, 2012

Place: La Martinique, Stratford, NJ

Time: AM Session—Jr. Bowlers; Bowlers who use Wheelchair/Ramp; PM Session—Sr. Female Bowlers; Sr. Male Bowlers

Spring Sports Festival: Basketball

Date: March 31 - April 1, 2012

Place: Wildwood Convention Center, Wildwood

Time: 8:00 am

Track and Field Area Meet

Date: May 12, 2012

Place: Long Branch High School

Time: 8:30 am

Bocce Sectional Meet

Date: April 28, 2012

Place: TBD

Time: 8:30 am

2012 Summer Games

Date: June 8 - 10, 2012

Place: The College of New Jersey



Expiring Special Olympic Medicals

You will need to get a new medical if you received your medical in the year 2009 or before. If you have a question about the status of your medical or need a new Special Olympic medical form please call the Recreation Office at

732-493-0225.

Habilitation Programs

Spring Programs

Wellness and Fitness Class

This 8-week fitness program entails regular work out programs that will encourage weight loss and healthy maintenance as well as a vigorous exercise routine that you can take with you wherever you go. This class is for ages 15 and above.

Dates: Wednesdays, March 7 - April 25, 2012
Time: 7:00 pm - 8:00 pm
Cost: \$40 for Arc members
\$50 for non-members
Limit: 20
Location: Meridian Center in Eatontown

Bocce



Our Bocce team is back! Bocce teaches great eye-hand coordination, distance judgment, balance, and teamwork. We will be having the program at Seabrook Village. We will offer a Bocce training team preparing for Special Olympics Sectional Meet on April 28, 2012.

Dates: Saturdays, March 17 - April 21, 2012
Times: 1:30 - 3:30pm
Location: 3000 Essex Road Seabrook Village, Tinton Falls
Cost: \$30 Arc members/ \$35 non- members
Limit: 16 **Ages:** 15 years old and up

Dancing to Fitness with Randi Rae



The Recreation Department and Randi Rae are taking a twist on our Fitness Classes by offering “Dancing to Fitness with Randi Rae”, an exciting and different way to work out to the groove of your favorite music. This is a high energy work out where you will be doing aerobics and learning new moves to better your fitness routine. For those who are interested in a slower paced fitness, please look at the Summer Banner for our Walking Club.

Dates: Wednesdays, May 9 - June 27, 2012
Time: 7:00 pm - 8:00 pm
Cost: \$40 for Arc members
\$50 for non-members
Limit: 20 **Restrictions:** Ages 15 and up
Location: Meridian Center in Eatontown

Track and Field



This program offers training in walking, running, broad jumping, shot put and softball throwing conducted by our very own Track and Field coach.

This years walk on May 5, 2012 includes a 5K run. This is a great opportunity to show off your running skills!

Dates: Sundays, March 11 - May 20, 2012
Times: 1:30 -3:30pm
Location: Monmouth Regional High School
Tinton Ave., Tinton Falls
Cost: \$30 Arc members/ \$35 non- members
Limit: 30 **Age:** 15 and up

Advanced Golf



We offer two instructional levels of golf to meet the various needs of the golfers ages 10 and up. The Advanced class is designed to prepare the golfers for Special Olympics. All advanced participants must be able to play the game of golf and follow the rules. All others are invited to join the Beginners/Intermediate Class that starts in July. You will practice various skills such as driving, putting, and chipping. Challenge yourself with this great sport! The program takes place at Twin Brook Golf Center on Jumping Brook Road, Tinton Falls under the guidance of the Twin Brook Golf Professionals.

Dates: June 11, 2012 - October 1, 2012
Time: Mondays, 5:45 p.m.– 7:30 p.m. **Cost:** \$95 for Arc members, \$115 for non-members

We are seeking input on the interest level of the advanced golfers in participating in a clinic with the golf professionals from Twin Brook. This will provide group instruction in their indoor facility utilizing the virtual golf program, mirrors, and individualized tips from PGA Golf instructors. Indicate your interest on the registration form by checking off Golf Clinic.

Beginner's Golf will be advertised in the Summer Banner!

Celtic Charms



We will be offering this fabulous program again in the spring! The “Serve and Learn at Celtic Charms” is an expansion of The Arc’s Serve and Learn program which is approved as a self-directed service. Serve and Learn at Celtic Charms is composed of a community based volunteer/learning opportunity and, if the participant so chooses, an opportunity to experience horseback riding. The goals of the program are to provide participants with a learning environment where they can engage in hands-on work through volunteerism on a farm, and, develop work skills, and provide an opportunity to connect with farm animals and reap the benefits of the agricultural lifestyle. Participants will be provided one four-hour volunteer/learning experience and for those who elect, a one-hour horseback riding lesson. Volunteers will assist with caring for farm animals such as horses, pigs and chickens. Please indicate on the Registration Page if interested in this program.



Early Spring Session

Date: Tuesdays, March 27 - May 1, 2012
Time: 10:00 am – 3:00 pm
Location: Celtic Charms, 671 Fort Plains Rd., Howell
Cost: \$97 per day (\$582 for six weeks)
Limit: 8

Late Spring Session

Date: Fridays, May 11 - June 15, 2012
Time: 10:00 am – 3:00 pm
Location: Celtic Charms, 671 Fort Plains Rd., Howell
Cost: \$97 per day (\$582 for six weeks)
Limit: 8

Dinner and an Information Session

The Arc’s Transition to Adulthood

Information Sessions will be held on:
 March 8, March 22 and May 10, 2012

Time: 6:00 p.m. to 8:00 p.m.

Location: The Arc of Monmouth

Learn what’s new in DDD services and what you need to know before your student graduates. A different transition topic will be addressed at each meeting, and, we will ensure time for questions.

REGISTRATION IS A MUST

Contact Sarah Logan at (732) 493-1919 ext. 600 for further details!



Day Trippers:

Build a Better Backyard: By Building a Bird House

This is a SDDS approved program!!

We are taking a ride to The Jacques Cousteau National Estuarine Research Reserve to learn how you can make a difference in your own backyard. Learn ways to help protect our feathered friends. Then we’ll make a treat for the birds and build a bird house you can take home. Don’t forget your hammer!

Date: Saturday, March 24, 2012
Time: Meet at The Arc Center at 8:15 am
 Return to The Arc Center at 2:00 pm
Location: The Jacques Cousteau National Estuarine Research Reserve
Cost: \$97
Limit: 8

Next Step to Achievement



A resource fair for students transitioning into adulthood, their families and those seeking resources...

Learn what’s new at The Arc of Monmouth and visit with organizations, companies, college, county and state agencies that assist individuals with intellectual and developmental disabilities.

Thursday, April 19, 2011
 6:00 p.m. to 8:00 p.m.
 The Arc of Monmouth
 1158 Wayside Road
 Tinton Falls, NJ 07712

Refreshments will be served!

RSVP to Sarah Logan at
slogan@arcofmonmouth.org
 or (732) 493-1919 ext 600.

Reservations are not required but are encouraged. Please let Sarah know no later than April 12 if you require special accommodations.

Special Events

Blockbuster Movie Night & Dinner at Seabrook



Seabrook Village has invited us back for a buffet dinner and to watch a movie in their movie theater. **If you do not want to attend the dinner, you can always meet us at Seabrook for the movie only at 7:30**

pm. Directions will be available upon registration.

Transportation from the Arc Center at \$15 is available for the participants who are doing BOTH dinner and a movie.

Date: Monday, April 16, 2012

Time: 6:00 – 10:00pm

Location: Seabrook Village, Essex Rd. Tinton Falls

Cost: \$50 for Arc members for dinner and movie
\$60 for non-members for dinner and movie
\$15 for Arc members for movie only
\$20 for non-members for movie only

Transportation: \$15 from The Arc Center for DINNER AND MOVIE participants ONLY!

Limit: 45

Cake Boss

America's favorite baker Buddy Valastro is going on tour to Sun National Bank Arena and the Recreation

Department is going! This is a live interactive event, the baker and star of TLC's "Cake Boss" will share the stories behind his hit TV series, answer audience questions, and give a live demonstration of the tech-

niques that have made him one of the most successful and renowned cake artists in the nation. Buddy will even invite audience members to join the fun on stage. Don't miss out on this incredible event! Please bring money for dinner.



Date: Friday, March 16, 2012

Time: 5:00 – 11:00pm

Cost: \$97 for Arc members
\$117 for non-members

Transportation: Meet at the Arc Center at 5 pm
Return to the Arc Center at 11 pm

Limit: 8

Carry It On

Starring Maureen McGovern



The Recreation Department is attending the performance of Carry It On starring Maureen

McGovern at Two River Theater Company. This is a beautiful theater and offers an excellent view from all seats! Ms.

McGovern brings her story to life with extraordinary interpretations of the songs of her generation, like music by the Beatles, Bob Dylan, Carole King, Joni Mitchell, James Taylor, and many others!

We are also offering a dinner portion at Juanita's in Red Bank for those who are interested in registering for dinner before the show at an extra cost. Those who are interested in dinner prior to the show are to meet at Juanita's in Red Bank on Monmouth Street (next to the train station). We will offer transportation back to the Arc Center after the show.

Date: Wednesday, April 4, 2012

Time: **For Show Only:** Meet at the Arc Center at 6:00 pm; Return to the Arc Center at 9:30 pm

For Dinner and the Show: Meet at Juanita's at 5:00 pm; Return to the Arc Center at 9:30 pm

Cost: \$30 for Arc members; \$45 for non-members (Show); \$60 for Arc members; \$75 for non-members (Dinner and Show)

Limit: 25

Music Man

Starring The Arc of Monmouth's Brett Colby

Meredith Willson's The Music Man is one of the most beloved musical of all time, telling the story of Professor Harold Hill, the fast-talking salesman of musical instruments, who convinces the good folks of River City, Iowa, that they are in dire need of a marching band. His plan to skip town with their money comes to a crashing halt when he falls head-over-heels in love with Marian, the town's librarian. Winner of eight Tony Awards, including Best Musical, this wonderful production will feature a live orchestra and a cast of over 30 including our very own Brett Colby. The show is being shown at Algonquin Theater in Manasquan.



Cost includes supervision, play ticket and transportation.

Date: Sunday, April 22, 2012

Time: Meet at the Arc Center at 1:30 pm
Return to the Arc Center at 6 pm

Cost: \$55 for Arc members
\$75 for non-members

Limit: 20

Special Events

SAVE THE DATE!

Lakewood Blue Claws Fundraiser



Tickets to two games have been purchased by The Development Department as a fundraiser for the agency. You have two options for purchasing tickets for **Saturday, June 30, 2012 and for Friday, August 24, 2012:**

Option 1: Purchase tickets for \$10 directly through The Development Department by calling 732-493-1919 ext. 125.
Option 2: Register for the supervised trip from the Recreation Department. Transportation, ticket and supervision will be provided at an extra cost. Please note that on the June 30th game, many of The Arc of Monmouth staff and volunteers will be working at the concession stands to raise money for the agency. This is an experience not to be missed!



- Date:** Saturday, June 30, 2012
- Time:** Meet at The Arc Center at 5:00 pm
Return to The Arc Center at 11:00 pm
- Cost:** \$35 for Arc members
\$45 for non-members
- Limit:** 30

The August game will be advertised in the Summer Edition of the Recreation Banner!

St. Patrick's Day Party



Today is the day where everyone has a little Irish in them! Let's celebrate St. Patrick's Day with the Recreation Department! Avon United Methodist Church will be hosting a St. Patrick's Day Party! Enjoy some good old traditional Irish culture with your friends. Lunch is included in the cost. If you have already registered for this event in the Winter Banner, you do not need to register again.

- Date:** Saturday, March 17, 2012
- Time:** 1:00 - 3:00 pm
- Location:** Avon United Methodist Church
- Cost:** \$15 for Arc members
\$20 for non-members
- Transportation:** \$15

Limited Transportation is available from The Arc Center

- Limit:** 35

Please indicate on the Registration Page if you are interested in transportation from the Arc Center.

The Book Club



The Book Club is back by popular demand! The Book Club has an instructor who is a retired teacher and will provide educational conversations on the book that the class is reading. Each week the club will discuss the assigned book. All participants must be able to read or have someone read the book to them. Book is included in the price.

Please note the location change for this program!

- Date:** Tuesdays, March 13 & 27, April 10 & 24
- Time:** 7:30 pm - 9:00 pm
- Location:** Wayside Methodist Church,
1229 W. Park Ave., Ocean Twp.
- Cost:** \$20 for Arc members
\$25 for non-members
- Restrictions:** Open to all ages; Must be able to read!

Michael Jackson tickets for Cirque du Soleil



A riveting fusion of visuals, dance, music and fantasy that

immerses audiences in Michael's creative world and literally turns his signature moves upside down, **Michael Jackson THE IMMORTAL World Tour** unfolds Michael Jackson's artistry before the eyes of the audience.

The registration fee includes show ticket and supervision only. You have the choice of what type of transportation you wish to utilize, agency van or NJ transit train. Transportation is not included in the cost. On the registration form indicate the method of transportation you prefer and the show date you prefer. Those taking the train must be able to walk three city blocks to the arena.

- Date:** Sunday, April 1, 2012
- Time:** Details will be mailed; Show is at 4 pm
- Location:** Prudential Center, Newark
- Cost:** \$125

***If you are interested in the Friday, March 30th show, please indicate on the Registration Page and we will contact you if there are cancellations.**



THERE ARE ONLY 4 AVAILABLE SPOTS FOR THIS EVENT!

Spring Formal 2012

Pre Formal Preparation Night

For the Men:



Dante Tuxedo has contacted us regarding Arc Members ordering Tuxedos for the Spring Formal. Their price is \$40 for the suit/tie/shirt and an additional \$10 if shoes are also rented. They also offered to make ordering and measuring for the tuxedos easier by coming to the Arc Center on February 27, 2012 between 7:00 – 8:00pm. The tuxedos will then be available for pick up. More details will be provided on the pick up times. The recreation office will not be responsible for collecting payments. **Therefore, all tuxedos must be paid in full at the time of ordering and checks are to be made out to Dante Tuxedo**

For the Women:

Ladies in need of a dress may wish to shop with us first. The 4-H members have collected some dresses over the past few years that they will have available to try on. The dress shop will be open from 7:30 – 9:00pm. All dresses are free and yours to keep.



Date: Monday, February 27, 2012
Time: 7:00 - 8:00 pm
Location: The Arc Center in Tinton Falls
Cost: Free; Must register for this event

Makeup Lessons

Have you ever wanted to learn how to apply your makeup like a professional? We are offering a “Makeup Class” just in time for the Spring Formal! There will be a leader who specializes in make-up and beauty who will be there to help you pick out colors and to be available to answer any questions you might have. She will give tips on hair, accessories and makeup



Date: Monday, February 27, 2012
Time: 7:30 - 9:00 pm
Location: The Arc Center in Tinton Falls
Cost: Free; Must register for this event

“YOU LIGHT UP MY LIFE” SPRING FORMAL NEWS



The “You Light Up My Life” Spring Formal, co-hosted by the 4-H Kids for Kids Club, will be held on Friday, April 20, 2012 at the Shore Casino in Atlantic Highlands. **The cost of the event is \$25.** The recreation department and the 4-H Kids for Kids Club will help those who do not have the money to pay the registration through a scholarship fund.

Those who did not attend last year are eligible to attend this year. If you did not receive the registration and feel that you are eligible, contact the recreation office.

Any person who has not attended the Spring Formal, lives in Monmouth County and are currently active with the recreation department, should contact the Recreation Office at 732-493-0225 for details. Everyone attending the formal must have a current Participant Information Sheet (PIF) on file with the Recreation Department.

You will receive a confirmation card in the mail indicating that you are registered for “You Light Up My Life” Spring Formal approximately a month before the event. If you have not received the confirmation card, please e-mail the 4-H Club at:

4hkidsforkids@gmail.com

Limited transportation is available.

First priority will be given to those with no means of transportation. Indicate on the Formal registration form if you need transportation. This information will be passed on to us from the 4-H. The cost for Transportation is \$20 for door to door transportation.

Please note that the increased cost for the Spring Formal is now \$25

Registration

Please indicate on the Registration Page the programs and special events that you are interested in. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on a waiting list for.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit slip will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three (3) days notice for a refund. Please note that in the event of a cancellation, we may not be able to refund your money.

Office Hours

The Recreation Department office hours are 9:00 am - 4:30 pm, Monday through Friday. The office phone number is 732-493-0225.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation office records are kept up-to-date in order to provide you with the best possible service.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event. Our number is 732-493-0225. **When the program is cancelled, a message will be left no earlier than 1 1/2 hours prior to the activity.** If the agency is closed due to bad weather, all programs will be cancelled. You may want to listen to WJLK on 1310AM or 94.3FM for this information.

Transportation

Limited transportation is available for some of the special events for those individuals who have no means of transportation. There is a small fee for transportation when available.

Financial Assistance

If financial assistance is needed in order to participate in a program, please call. A scholarship application form will be sent to you. Financial aid/scholarships are granted on an as-needed basis.

Cell Phone Policy

Please be advised that we have implemented cell phone guidelines for Recreation Events. We have noticed a number of personal calls and text messages that have come through during recreation program hours that appear to be non-emergency related and they are starting to become a distraction at such events. Staff members are going to ask people to silence their phones during program hours and limit the calls and text messaging to emergency only. This will help to decrease the number of situations with the cell phone usage. Thank you for your cooperation and understanding on this matter.

Dinner and an Information Session

Offered by Individual and Family Supports Department
The Arc's Transition to Adulthood

Information Sessions will be held on:

March 8, March 22 and May 10, 2012

Next Step to Achievement Resource Fair—April 19

Time: 6:00 p.m. to 8:00 p.m. (Dinner will be served)

Location: The Arc of Monmouth

Learn what's new in DDD services and what you need to know before your student graduates. A different transition topic will be addressed at each meeting, and, we will ensure time for questions.

REGISTRATION IS A MUST!!!

Contact Sarah Logan at (732) 493-1919 ext. 600 for further details!



Document Destruction Services at The Work Opportunity Center (WOC)

Do you or your business have piles of confidential paperwork that needs to be shredded? Let WOC shred your documents!

- DARM Certified
- Secure document shredding area
- SKYPE security system

Cost: \$.25 per pound or \$6.50 per banker box. For more information call Elaine Richardson @ 732-229-4414 ext. 205

Thanks for supporting the Work Opportunity Center!

Travel Agency Specializes in Special Needs Children



Travel consultants Jesemine Jones and Ida Keiper announced the opening of Starry Night Travel, an agency specializing in accommodating travel for children with special needs and their families.

Visit www.starbritetravel.com for more information!

MARCH

Belmar's Celtic Chase/ Beach Fun Run

Registration: 9:30am, Race: 12:00pm 732-681-3700 ext 214
A race on the Belmar Beach as part of Belmar's St. Patrick's Day Parade weekend celebration. One Mile Run / Fun Run / Walk at Taylor Pavilion (5th and Ocean Ave, Belmar)

First Saturday Asbury Park

March 3, 2012 (732) 775-7676

Spend the first Saturday of each month enjoying sidewalk sales, shopping, and dining under a variety of different themes. Asbury Park

Belmar St. Patrick's Day Parade

March 4, 2012 12:00pm (732) 280-2648

One of the largest St. Patrick's Day parades in New Jersey. Main St, Belmar

Belmar Restaurant Tour "A True Taste of Belmar"

March 11, 2012 (noon to 6 pm) (732) 894-3528

Sample the fine cuisine of local Belmar restaurants.

St. Patrick's Day in the 1830's

March 11, 2012 1:00pm, 2:00pm 732-919-3500

Historic Allaire Village within Allaire State Park
Rt. 524/4265 Atlantic Ave., Wall

APRIL

Easter Egg Hunt on the Beach in Sea Bright

April 7, 2012 11 am 732-241-4055

Sea Bright Municipal Parking lot. Prizes awarded for those who find the golden eggs. 5,000 eggs and get to meet the Easter Bunny. In case of rain held in the gym at Borough Hall.

Free Film Series: "Toxic Avenger"

April 10, 2012 7 pm (732) 842-9000

Count Basie Theatre 99 Monmouth Street, Red Bank, NJ

Spring Lake Fashion Extravaganza

April 20, 2012 732-449-0037

Fashion Show, give-aways and in store events; Spring Lake Bath & Tennis Club; 1 Jersey Ave., Spring Lake

Taste of Sea Bright Trolley Hop-Spring

April 21, 2012 noon-5:30 pm

Ride the Trolley and stop at 19 different stops for food tasting; Only 1000 tickets will be sold

Adam & Anthony from Broadway's Rent

April 21, 2012 732-263-6889 West Long Branch

This show features two stars from the Broadway show Rent Pollak Theatre at Monmouth University, 400 Cedar Ave.



Monmouth County Recreation Activity

Center (ages 22 and up, w/cognitive & neurological impairments) Our affectionately nicknamed "MCRAC" program for adults with developmental disabilities continues this spring starting on April 9th. We will be busy forming friendships, working on arts-n-crafts, taking mini trips/tours, and getting some physical activity. Some paperwork is required for new participants prior to attending. Please call Justin at (732) 460-1167, ext. 22, for pricing information.

Night Out (adults, 18 and up, with special needs) Night

Out is an evening social program for adults with special needs. Drop-offs and pick-ups will be at Dorbrook Activity Center.

Teen Scene (ages 13-21, with special needs)

Teen Scene meets about once a month to do lots of fun activities!

CAMPS AT MONMOUTH COUNTY PARKS

Capers Quest (ages 12-16, with Aspergers Syndrome)

Capers Quest is a week long camp for individuals with Aspergers Syndrome who are able to function in a 3:1 camper to staff ratio. Capers Quest will be held the week of August 27th.

Adult Adventures (ages 22 and up, w/cognitive & neurological impairments)

Adult Adventures is for adults with intellectual disabilities or neurological impairments who are able to function in a 2:1 camper to staff ratio. It starts on the week of June 25 and the final session is the week of August 13.

Recreation Challenge (ages 6-21, with cognitive and neurological impairments)

Recreation Challenge is for individuals with developmental delays, intellectual disabilities, or neurological impairments who are able to function in a 2:1 camper to staff ratio. Campers must be able to take care of their own personal hygiene. Recreation Challenge offers 8 consecutive weeks starting on the week of June 25 and the final session is the week of August 13.

Please call Monmouth County Parks at (732) 460-1167, ext. 22, for more information.



VOLUNTEERS WANTED!!!!

How To Become A Volunteer For The Recreation Office

Our department is based on volunteers helping with our programs and special events. Without volunteers, we would not have as many programs to offer our participants! Many volunteer opportunities are available. We are always looking for new faces to come and help out!

If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding volunteer opportunities waiting!

Special Events: We have numerous special events and programs throughout the year. Check this edition of the Recreation Banner for the ones we are featuring at this time.

After you have found an event or program that fits both your interests and your schedule, call us at 732-493-0225. We will send you a Volunteer Registration Form to complete and return to get you started.

The agency has many other opportunities for volunteering if these don't fit your needs. We have fundraisers, thrift shops, committees, the drop-in center and art gallery, the group homes and adult day programs. Call us and we will try our best to find the right volunteer position for you.



Thank You Volunteers!!!

Please let the Recreation Department know which events you are interested in volunteering for!!!



We would like to give a big thank you to all of our volunteers who helped us in our winter season! If it was not for all of our wonderful volunteers, many of our programs would not be offered to our individuals!

To all of our current volunteers, please look through this edition of the Recreation Banner and e-mail or call the Recreation Department with any special events or programs that you are interested in volunteering for.

“Unselfish and noble actions are the most radiant pages in the biography of souls.” ~David Thomas



Saturday, May 5
Liberty Park II, Tinton Falls

There will be a 5K run this year that will be professionally scored!! Please call the Development Department for more details!!

7:00 AM
5K Registration

8:00 AM
5K Start

9:00 AM
Walk Registration

10:00 AM
Walk Start

Step Up For The Arc Walk 2012

Free
Lunch
Music
and Fun!

www.arcofmonmouth.org/walk

development@arcofmonmouth.org

(732) 493-1919 ext122

and 5K!

5K Registration Fees

\$25 by April 30 All runners receive
\$30 after April 30 a free t-shirt!

Walk - no fee to register

Raise \$25 or more in pledges and get a free T-Shirt.
Great prizes available for high fundraisers!

A portion of
each ticket
benefits
The Arc!

Join us at the theatre!
Sunday, April 22 - 3:00 PM

The Algonquin
Theatre

173 Main Street
Manasquan



starring The Arc of Monmouth's own *Brett Colby!*

Tickets only \$27 each!

Reserve NOW before they sell out!

buy online at www.arcofmonmouth.org/theatre

or call (732) 493-1919 ext 125

Please note that if you wish to attend the show with supervision by the Recreation Department, please see page 4 under Special Events!

Registration Form - SPRING 2012

**DO NOT ENCLOSE ANY MONEY WITH
YOUR REGISTRATION!!**

Participant's Name _____ Phone _____

Address _____

Email Address: _____

(Please provide an e-mail address to receive updates and the Recreation Banner)

Parent/Sponsor Name _____

Are you an Arc Member? ____ Yes ____ No (If no, you may enclose the \$25.00 membership fee to become an Arc Member. Please fill out form on the back of The Recreation Banner.) *By becoming an Arc Member, you will pay the reduced prices in The Recreation Banner.

Arc Programs

<input type="checkbox"/> Wellness & Fitness (Starts 3/7/12)	<input type="checkbox"/> The Book Club (Starts 3/13/12)
<input type="checkbox"/> Dancing to Fitness with Randi Rae (Starts 5/9/12)	<input type="checkbox"/> Bocce (Starts 3/17/12)
<input type="checkbox"/> Track and Field (Starts 3/11/12)	<input type="checkbox"/> Golf Advanced (Starts 6/11/12)

Special Events

<input type="checkbox"/> Blockbuster Movie and Dinner at Seabrook	<input type="checkbox"/> Lakewood Blue Claws (6/30/12)
<input type="checkbox"/> _____ Movie Only (4/16/12)	<input type="checkbox"/> Michael Jackson Cirque de Soleil (4/1/12)
<input type="checkbox"/> Cake Boss (3/16/12)	<input type="checkbox"/> Michael Jackson Cirque de Soleil (3/30/12)
<input type="checkbox"/> Carry It On (4/4/12)	<input type="checkbox"/> *Pending on any cancellations for this date
<input type="checkbox"/> The Music Man (4/22/12)	<input type="checkbox"/> Formal Preparation Night (2/27/12)
<input type="checkbox"/> St. Patrick's Day Party (3/17/12)	<input type="checkbox"/> _____ Dante Tuxedo Night
	<input type="checkbox"/> _____ Dress Shop
	<input type="checkbox"/> _____ Makeup lessons

Transportation

<input type="checkbox"/> Blockbuster Movie and Dinner at Seabrook (\$15)	<input type="checkbox"/> St. Patrick's Day Party (From the Arc Center) \$15
*Must be signed up for both for transportation	

Self Directed Day Services

<input type="checkbox"/> Celtic Charms (Early Spring Session: 3/27/12 - 5/1/12)
<input type="checkbox"/> Celtic Charms (Late Spring Session: 5/11/12 - 6/15/12)
<input type="checkbox"/> Day Trippers: Building a Better Backyard (3/24/12)





Non-Profit Organization
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Recreation Program

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